

Kesy 50 parasta naisten tulosta

10.10.2020

100 metriä

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|--------|------------------------|----------|-------------|-------------------|
| 11,27 | JOHANNA MANNINEN'80 | JKU | 2007 | |
| 11,30 | HANNA-MAARI LATVALA'87 | JKU | 2014 | 11,23w-14 |
| 11,57 | NOORALOTTA NEZIRI'92 | JKU | 2019 | |
| 11,59 | ANNIINA KORTETMAA'95 | JKU | 2019 | |
| 11,65 | AINO PULKKINEN'98 | ÄänUrh | 2018 | 11,54w-17 |
| 11,76 | MINNA LAUKKA'87 | JKU | 2013 | |
| 11,81 | IDA AIDANPÄÄ'88 | JKU | 2014 | |
| 11,88 | EMMI MÄKINEN'93 | JKU | 2014 | |
| 11,92 | TANJA KERÄNEN'77 | JKU | 1998 | 11,90w-99 |
| 11,96 | MARI KIMINKINEN'78 | PyIkTe | 1997 | |
| 12,00 | EMMA KOISTINEN'96 | JKU | 2016 | |
| 12,04 | SANNI MAHONEN'98 | JKU | 2020 | 11,89w- 20 |
| 12,08 | MARJO ROPPONEN'82 | KaipVi | 2002 | |
| 12,08 | ANNU KANGASAHO'85 | JKU | 2009 | 11,88w-08 |
| 12,14 | SUVI NISULA'89 | MuurY | 2007 | |
| 12,19 | MARJO LIMINKA'72 | JKU | 1988 | |
| 12,25 | TIINA SOMPPI'73 | SaarijPu | 1992 | 12,21w-91 |
| 12,28 | TEIJA HANNILA'80 | ÄänUrh | 1997 | 12,18w-02 |
| 12,29 | RIIKKA JUSSILA'79 | JKU | 1998 | |
| 12,32 | HILMA KINNUNEN'05 | JKU | 2019 | |
| 12,33 | INARI HEIKKINEN'97 | JKU | 2014 | 12,06w-14 |
| 12,36 | HELI PALORANTA'80 | JKU | 2004 | |
| 12,37 | NIINA VEHVILÄINEN'76 | LaukU | 1994 | |
| 12,40 | RITVA VALKEINEN'65 | JKU | 1983 | |
| 12,40 | HANNA PENNANEN'77 | JKU | 1997 | |
| 12,41 | ROOSA MÄHÖNEN'00 | JKU | 2020 | |
| 12,42 | ADA KOISTINEN'99 | JKU | 2016 | |
| 12,43 | REETTA JUSSILA'79 | JKU | 1996 | |
| 12,43 | KRISTIINA PELTOLA'82 | Jämskl | 1998 | |
| 12,44 | PETRA PAAJANEN'72 | JKU | 1997 | |
| 12,44 | MIINA PALONEN'98 | ViitVi | 2020 | |
| 12,48 | SUVI LEHOSVUO'88 | JKU | 2006 | |
| 12,48 | SINI TOIVOLA'96 | JKU | 2014 | 12,41w-18 |
| 12,49 | EMILIJA MANNINEN'81 | JKU | 2009 | |
| 12,49 | HEIDI SALMINEN'03 | JKU | 2020 | |
| 12,52 | MILLA KRUUTI'68 | JKU | 1986 | 12,36w-86 |
| 12,52 | EVELIINA HOVINEN'90 | ÄänUrh | 2008 | 12,40w-09 |
| 12,52 | JUULI-ANNA TAUREN'91 | JKU | 2011/13 | 12,49w-12 |
| 12,52 | LAURA KOIVISTO'01 | JKU | 2019 | |
| 12,53 | MIRJA HUOVINEN'50 | SuolUrho | 1980 | |
| 12,54 | SYLVIA TERHO'79 | SaarijPu | 1996 | |
| 12,54 | REETTA AALTONEN'97 | JKU | 2015 | |
| 12,55 | TEA LEMPINEN'88 | JKU | 2009 | |
| 12,56 | JANITA TAMMISALO'93 | JKU | 2016 | |
| 12,57 | REETA PARKKONEN'88 | MuurY | 2006 | 12,54w-11 |
| 12,57 | TESSA MOISIO'03 | KaipVi | 2019 | |
| 12,59 | ANNI HALKO'96 | JKU | 2015 | |
| 12,59 | ALISA SEILONEN'04 | JKU | 2018 | 12,43w-18 |
| 12,60 | HELI HIETANEN'83 | JKU | 1999 | |
| 12,60 | IIDA PAJUNEN'05 | JKU | 2020 | |
| 12,54w | TERHI TUUKKANEN'73 | JKU | 1987 | 12,72-88 |

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|-------------------|------------------------|----------|-------------|-----------|
| 12,0h | PIRJO HAKALA'43 | SaarijPu | 1973 | 13,26-81 |
| 200 metriä | | | | |
| 22,98 | HANNA-MAARI LATVALA'87 | JKU | 2013/14 | |
| 23,40 | JOHANNA MANNINEN'80 | JKU | 2007 | |
| 23,73 | AINO PULKKINEN'98 | ÄänUrh | 2018 | 23,69w-18 |
| 23,74 | ANNIINA KORTETMAA'95 | JKU | 2020 | |
| 24,05 | MINNA LAUKKA'87 | JKU | 2013 | 24,02w-11 |
| 24,39i | EMMA KOISTINEN'96 | JKU | 2016 | 24,24w-15 |
| 24,58 | TANJA KERÄNEN'77 | JKU | 1994 | |
| 24,75 | MARJO ROPPONEN'82 | KaipVi | 2002 | |
| 24,81 | MARI KIMINKINEN'78 | PyIkTe | 1996 | |
| 24,89i | IDA AIDANPÄÄ'88 | JKU | 2014 | |
| 24,89 | EMMI MÄKINEN'93 | JKU | 2014 | |
| 25,07 | RIIKKA JUSSILA'79 | JKU | 1998 | 24,84w-96 |
| 25,10 | MARJO LIMINKA'72 | JKU | 1988 | |
| 25,12i | HEIDI SALMINEN'03 | JKU | 2020 | |
| 25,16i | ADA KOISTINEN'99 | JKU | 2017 | |
| 25,21 | RITVA VALKEINEN'65 | JKU | 1981 | 25,00w-83 |
| 25,22 | INARI HEIKKINEN'97 | JKU | 2014 | |
| 25,31i | SANNI MAHONEN'98 | JKU | 2020 | |
| 25,33 | ARJA VILJANMAA'65 | HU-82 | 1983 | |
| 25,38 | ANNU KANGASAHO'85 | JKU | 2008 | |
| 25,41 | REETA PARKKONEN'88 | MuurY | 2006 | |
| 25,42 | SUVI NISULA'89 | MuurY | 2008 | 25,40w-08 |
| 25,45 | TIINA SOMPPI'73 | SaarijPu | 1992 | |
| 25,66 | KRISTIINA PELTOLA'82 | Jämskl | 1998 | |
| 25,68 | SYLVIA TERHO'79 | SaarijPu | 1997 | |
| 25,69 | ELISA KIRVESNIEMI'85 | JKU | 2016 | |
| 25,70 | REETTA JUSSILA'79 | JKU | 1996 | |
| 25,71 | EMILIJA MANNINEN'81 | JKU | 2013 | |
| 25,74 | MIINA PALONEN'98 | ViitVi | 2020 | |
| 25,79 | PETRA PAAJANEN'72 | JKU | 1997 | |
| 25,82i | JOHANNA ROSSI'87 | ÄänUrh | 2005 | |
| 25,84i | RIINA MERILÄINEN'91 | JKU | 2008 | |
| 25,85 | NIINA VEHVILÄINEN'76 | LaukU | 1994 | |
| 25,85i | ULLA REPO'79 | JKU | 1998 | |
| 25,87 | KATRI PAANANEN'75 | KeuKis | 1997 | |
| 25,90 | MIRJA HUOVINEN'50 | SäyRi | 1981 | |
| 25,93 | RAILI AHOLA'56 | SaarijPu | 1977 | 25,2h-76 |
| 25,94 | HILMA KINNNUNEN'05 | JKU | 2019 | |
| 25,97 | SARI PIRKKANEN'66 | ÄänUrh | 1984 | |
| 26,00 | PINJA HIRVILAHTI'00 | JKU | 2017 | |
| 26,01 | JUULI-ANNA TAUREN'91 | JKU | 2014 | 25,93w-11 |
| 26,06i | TESSA MOISIO'03 | KaipVi | 2020 | |
| 26,06i | LAURA KOIVISTO'01 | JKU | 2020 | |
| 26,08 | VIRVE PARKKONEN'80 | Y-Sport | 1996 | 26,00w-95 |
| 26,08 | HEINI IKONEN'99 | JKU | 2018 | |
| 26,09 | KATRIN KREEN'66 | JKU | 2007 | |
| 26,09 | SINI TOIVOLA'96 | JKU | 2015 | |
| 26,12 | AMANDA KULJU'03 | JKU | 2020 | |
| 26,13 | ROOSA MÄHÖNEN'00 | JKU | 2020 | |
| 26,14i | ANNI HALKO'96 | JKU | 2015 | |

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|----------|------------------------|---------|------|----------|
| 25,52w | NORA-JULIA ISOLUOMA'99 | JKU | 2018 | |
| 25,95w | VIRPI LANKINEN'66 | KaipVi | 1984 | |
| ...26,60 | TIINA HYVÄRINEN'59 | Jämskl | 1978 | 25,7h-80 |
| 25,4h | VUOKKO LEPPÄMÄKI'51 | PetPet | 1970 | |
| 25,5h | PIRJO HAKALA'43 | SaariPu | 1973 | 25,0w-73 |

400 metriä

| | | | | |
|--------|----------------------|---------|-------------|-------------------|
| 54,07 | AINO PULKKINEN'98 | ÄänUrh | 2018 | |
| 55,34 | HEIDI SALMINEN'03 | JKU | 2020 | |
| 55,61 | ARJA VILJANMAA'65 | HU-82 | 1983 | |
| 55,94i | EMMA KOISTINEN'96 | JKU | 2017 | |
| 56,44i | MINNA LAUKKA'87 | JKU | 2015 | |
| 56,79 | MARIA VALTANEN'91 | JKU | 2017 | |
| 56,81 | EMMA KUNNARI'86 | JKU | 2003 | |
| 56,83 | RIIKKA JUSSILA'79 | JKU | 1998 | |
| 56,87 | JOHANNA ROSSI'87 | ÄänUrh | 2005 | |
| 57,31 | SOILE RUUNANIEMI'69 | LaukU | 1989 | |
| 57,40 | RAILI AHOLA'56 | SaariPu | 1977 | |
| 57,43 | EMILJA MANNINEN'81 | JKU | 2013 | |
| 57,51 | JANETTE NIEMI'98 | JKU | 2018 | |
| 57,55 | ADA KOISTINEN'99 | JKU | 2015 | |
| 57,56 | MARJO ROPPONEN'82 | KaipVi | 2002 | |
| 57,7 h | RITVA VALKEINEN'65 | JKU | 1985 | |
| 58,06 | KATRIN KREEN'66 | JKU | 2007 | |
| 58,13 | HANNA LIUPAKKA'95 | SaariPu | 2014 | |
| 58,14 | HEINI IKONEN'99 | JKU | 2018 | 57,77i-17alimatka |
| 58,32 | ELISA KIRVESNIEMI'85 | JKU | 2017 | |
| 58,32 | LOTTA MÄKINEN'01 | JKU | 2018 | |
| 58,34 | SARI PIRKKANEN'66 | ÄänUrh | 1984 | |
| 58,2 h | MINNA MÄKELÄ'64 | JKU | 1984 | |
| 58,40 | ANNI TUIMALA'82 | ÄänUrh | 1997 | |
| 58,49i | ULLA REPO'79 | JKU | 1998 | |
| 58,61 | ALISA VIRTANEN'02 | JKU | 2017 | |
| 58,71 | REETTA JUSSILA'79 | JKU | 1996 | |
| 58,6 h | RITVA LAHTI'54 | SaariPu | 1971 | |
| 58,81 | SIIRI RAINIO'00 | JKU | 2020 | |
| 58,7 h | SANNI LUHTALA'67 | KaipVi | 1985 | |
| 58,99 | VIRPI LANKINEN'66 | KaipVi | 1983 | |
| 58,99 | PINJA HIRVILAHTI'00 | KaipVi | 2016 | |
| 59,07 | TUULIKKI JOKINEN'62 | VaajKu | 1983 | |
| 59,16 | VIRVE PARKKONEN'80 | Y-Sport | 1996 | |
| 59,36 | ULLA TUIMALA'82 | ÄänUrh | 1997 | |
| 59,47 | INNA ANTTILA'97 | SaariPu | 2014 | |
| 59,48 | ANNI HALKO'96 | JKU | 2014 | |
| 59,49 | TEIJA IKONEN'69 | Jämskl | 1987 | |
| 59,49i | OONA NIEMINEN'00 | JKU | 2016 | |
| 59,67 | ELISA JUNTUNEN'94 | ÄänUrh | 2019 | |
| 59,68 | MERJA JÄRVINEN'72 | Jämskl | 1988 | |
| 59,71 | HETA JONSSON'86 | JKU | 2012 | |
| 59,74 | LEENA HAUKILAHTI'64 | JKU | 1993 | |
| 59,81 | JAANA LAUKKANEN'63 | PihtipU | 1982 | |
| 59,81 | HETA KETTUNEN'93 | JKU | 2010 | |
| 59,82 | VENLA SAARI'03 | JKU | 2018 | |

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|--------|---------------------|----------|------|----------|
| 59,94 | BRITA TAKANEN'63 | KeuKis | 1982 | |
| 59,95 | SAIJA SEPPÄ'98 | SuolUrho | 2014 | |
| 59,98 | VILMA MAINIO'96 | JKU | 2011 | |
| 59,9 h | VUOKKO LEPPÄMÄKI'51 | PetPet | 1971 | |
| 59,9 h | MIRJA HUOVINEN'50 | SuolUrho | 1980 | 60,11-81 |
| 60,05 | MARI KIMINKINEN'78 | PykTe | 1997 | |

800 metriä

| | | | |
|----------|----------------------------|-----------|-------------|
| 2.06,21 | SAIJA SEPPÄ'98 | SuolUrho | 2017 |
| 2.07,93 | MINNA MÄKELÄ'64 | JKU | 1984 |
| 2.08,3 | RITVA LAHTI'54 | SaarijPu | 1972 |
| 2.08,75 | LOTTA MÄKINEN'01 | JKU | 2018 |
| 2.09,39 | HEINI IKONEN'99 | JKU | 2020 |
| 2.09,45 | ANNI TUIMALA'82 | ÄänUrh | 2004 |
| 2.09,5 | SIRPA HAAPAKOSKI'55 | SaarijPu | 1974 |
| 2.09,68 | ALISA VIRTANEN'02 | JKU | 2017 |
| 2.09,69 | MARIA VALTANEN'91 | JKU | 2016 |
| 2.09,90 | ULLA TUIMALA'82 | ÄänUrh | 2004 |
| 2.10,96 | SARI KUITTILO'71 | SaarijPu | 1992 |
| 2.11,57 | SIIRI RAINIO'00 | JKU | 2020 |
| 2.11,82 | ARJA VILJANMAA'65 | HU-82 | 1983 |
| 2.12,32 | VENLA SAARI'03 | JKU | 2018 |
| 2.12,46 | JANETTE NIEMI'98 | JKU | 2018 |
| 2.12,7 | PÄIVI PEURA'66 | HU-82 | 1983 |
| 2.13,09 | SARIMINNA HÄMÄLÄINEN'67 | TammijTa | 1984 |
| 2.13,5 | SAARA VILEN'38 | PetPet | 1956 |
| 2.14,2 | SIRKKA IKÄLÄINEN'50 | KeuKis | 1969 |
| 2.14,48 | SIRKKU KUMPULAINEN'56 | ViitVi | 1985 |
| 2.14,70 | TARJA NURMISTO'64 | SaarijPu | 1983 |
| 2.14,82i | EMMA KOISTINEN'96 | JKU | 2018 |
| 2.15,0 | MAIJA AARNIOLA'54 | JKU | 1981 |
| 2.15,31 | EIJA AALTO'80 | SuolUrho | 2000 |
| 2.15,7 | SIRKKA-LIISA KUHNO'46 | SaarijPu | 1973 |
| 2.16,32 | LINDA VESIAHO'84 | SaarijPu | 2001 |
| 2.17,12 | TIINA-MAIJA LEPPÄLAMPPI'60 | SaarijPu | 1992 |
| 2.17,23 | ELINA RISTANIEMI'57 | JKU | 1980 |
| 2.17,24 | ELISA KIRVESNIEMI'85 | JKU | 2018 |
| 2.17,32 | RITVA VALKEINEN'65 | JKU | 1983 |
| 2.17,40 | MARI JÄRVINEN'77 | KaipVi | 1995 |
| 2.17,86 | ANITA HÖTTÖNEN'65 | HU-82 | 1983 |
| 2.17,92 | INNA ANTTILA'97 | SaarijPu | 2014 |
| 2.17,8 | MARJA SAARI'66 | JKU | 1982 |
| 2.18,00 | VENLA MARJANEN'02 | KaipVi | 2018 |
| 2.17,9 | ELVI MINKKINEN'28 | ViitVi | 1953 |
| 2.18,0 | MARITA TULINIEMI'59 | ToiRi | 1977 |
| 2.18,15 | SATU HENTTINEN'78 | KaKiva | 1995 |
| 2.18,2 | MIRJA LEHTONEN-KIERROS'42 | UurUrh | 1964 |
| 2.18,39 | ANNELI KINNUNEN'71 | JKU | 1987 |
| 2.18,54 | AULI OKSANEN'67 | HU-82 | 1983 |
| 2.18,6 | MARJA-LEENA RUUSKA'65 | SaarijPu | 1980 |
| 2.18,6 | MERJA TARVAINEN'64 | JyskRyhti | 1980 |
| 2.18,7 | SIRKKA KYTÖLÄ'56 | JKU | 1982 |
| 2.19,03 | SARI PIRKKANEN'66 | ÄänUrh | 1984 |

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|---------|----------------------|----------|------|
| 2.19,0 | ANETTE RINNE'69 | SaarijPu | 1992 |
| 2.19,21 | MERJA JÄRVINEN'72 | Jämskl | 1989 |
| 2.19,3 | EEVAMAIJA PALONEN'70 | ÄänUrh | 1990 |
| 2.20,08 | ANN-MARI KOHONEN'91 | JKU | 2007 |
| 2.20,12 | JANINA JAHKOLA'98 | JKU | 2016 |

1500 metriä

| | | | |
|----------|----------------------------|-----------|-------------|
| 4.17,33i | ULLA TUIMALA'82 | ÄänUrh | 2003 |
| 4.19,55 | SAIJA SEPPÄ'98 | SuolUrho | 2017 |
| 4.22,29 | MINNA MÄKELÄ'64 | JKU | 1983 |
| 4.22,46 | ANNI TUIMALA'82 | ÄänUrh | 2004 |
| 4.24,75 | SIRKKU KUMPULAINEN'56 | ViitVi | 1985 |
| 4.28,88 | TIINA -MAIJA LEPPÄLAMPI'60 | SaarijPu | 1992 |
| 4.29,07i | ALISA VIRTANEN'02 | JKU | 2018 |
| 4.30,54 | ELINA RISTANIEMI'57 | JKU | 1980 |
| 4.30,59 | LOTTA MÄKINEN'01 | JKU | 2018 |
| 4.32,68 | MARJA SIEKKINEN'67 | KeuKis | 1989 |
| 4.32,75 | PÄIVI PEURA'66 | HU-82 | 1983 |
| 4.33,19 | VENLA SAARI'03 | JKU | 2018 |
| 4.33,68 | ANETTE RINNE'69 | SaarijPu | 1991 |
| 4.34,17 | HEINI IKONEN'99 | JKU | 2020 |
| 4.34,8 | SIRKKA-LIISA KUHNO'46 | SaarijPu | 1973 |
| 4.35,4 | SIRKKA IKÄLÄINEN'50 | KeuKis | 1970 |
| 4.36,36 | SARIMINNA HÄMÄLÄINEN'67 | TammijTa | 1984 |
| 4.36,4 | SIRKKA KYTÖLÄ'56 | JKU | 1981 |
| 4.36,98 | TARJA SÖRENSEN'64 | SaarijPu | 1987 |
| 4.37,8 | RITVA LAHTI'54 | SaarijPu | 1971 |
| 4.38,23 | SATU RAUTIAINEN'88 | ÄänUrh | 2020 |
| 4.38,6 | MARITA TULINIEMI'59 | ToiRi | 1977 |
| 4.39,1 | IRMA HYYTIÄINEN'52 | JKU | 1980 |
| 4.39,21i | SATU HENTTINEN'78 | KaKiva | 1998 |
| 4.39,2 | RAIJA RIIKONEN'50 | PetPet | 1983 |
| 4.39,97 | SIIRI RAINIO'00 | JKU | 2020 |
| 4.41,43 | AULI OKSANEN'67 | HU-82 | 1983 |
| 4.42,2 | AIRI AHONEN'46 | SaarijPu | 1970 |
| 4.42,81 | MARI JÄRVINEN'77 | KaipVi | 1995 |
| 4.42,94 | JANETTE NIEMI'98 | JKU | 2019 |
| 4.43,51 | EIJA AALTO'80 | SuolUrho | 2000 |
| 4.44,23 | KATRI NIEMISTÖ'94 | JKU | 2019 |
| 4.44,56i | ANU VATANEN'62 | JKU | 1994 |
| 4.44,68i | LINDA VESIAHO'84 | SaarijPu | 2002 |
| 4.45,75 | IRMA VIRTANEN'51 | JKU | 1985 |
| 4.45,77 | ANITA HÖTTÖNEN'65 | HU-82 | 1983 |
| 4.46,28 | VENLA MARJANEN'02 | KaipVi | 2018 |
| 4.47,38 | OONA-MARI HAKULINEN'94 | JKU | 2020 |
| 4.48,5 | MERJA TARVAINEN'64 | JyskRyhti | 1980 |
| 4.49,0 | SIRPA HAAPAKOSKI'55 | SaarijPu | 1974 |
| 4.49,73 | ANNELI KINNUNEN'71 | JKU | 1987 |
| 4.50,08 | MERJA RANTANEN'80 | KaipVi | 2009 |
| 4.50,17 | SARI KRIGSMAN'67 | JKU | 1992 |
| 4.50,2 | ARJA PENTTINEN'53 | SaarijPu | 1971 |
| 4.50,66 | TEIJA LEPPÄNEN'73 | SaarijPu | 2001 |
| 4.50,93 | MARIA VALTANEN'91 | JKU | 2015 |
| 4.51,20 | TIINA MANNINEN'78 | HaHanka | 1996 |

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| 4.51,5 | PÄIVI ULMALA'59 | JKU | 1977 |
| 4.52,2 | KERTTU KAUTTO'50 | LaukU | 1968 |
| 4.52,85 | JAANA HASSI'69 | KaipVi | 1984 |

3000 metriä

| | | | |
|-----------|---------------------------|----------|-------------|
| 9.07,35 | ULLA TUIMALA'82 | ÄänUrh | 2001 |
| 9.14,13 | ANNI TUIMALA'82 | ÄänUrh | 2001 |
| 9.16,44 | SIRKKU KUMPULAINEN'56 | ViitVi | 1986 |
| 9.28,54 | ELINA RISTANIEMI'57 | JKU | 1980 |
| 9.32,56 | SAIJA SEPPÄ'98 | SuolUrho | 2017 |
| 9.36,40i | MARJA SIEKKINEN'67 | KeuKis | 1989 |
| 9.38,59 | MINNA MÄKELÄ'64 | JKU | 1987 |
| 9.48,24 | IRMA HYYTIÄINEN'52 | JKU | 1980 |
| 9.48,42 | ANETTE RINNE'69 | SaarijPu | 1991 |
| 9.49,44 | TIINA-MAIJA LEPPÄLAMPI'60 | SaarijPu | 1992 |
| 9.49,89i | SATU HENTTINEN'78 | KaKiva | 1998 |
| 9.54,01 | SIRKKA KYTÖLÄ'56 | JKU | 1982 |
| 9.54,75i | ANU VATANEN'62 | JKU | 1994 |
| 9.57,6 | RAIJA RIIKONEN'50 | PetPet | 1983 |
| 9.59,86 | PÄIVI PEURA'66 | HU-82 | 1983 |
| 10.02,81 | KATRI NIEMISTÖ'94 | JKU | 2019 |
| 10.04,32 | ALISA VIRTANEN'02 | JKU | 2020 |
| 10.04,64 | LOTTA MÄKINEN'01 | JKU | 2016 |
| 10.07,72 | IRMA VIRTANEN'51 | JKU | 1988 |
| 10.09,9 | JAANA HASSI'69 | KaipVi | 1985 |
| 10.14,0 | SEIJA HYYTIÄINEN'62 | SaarijPu | 1983 |
| 10.15,4 | EIJA HYYTIÄINEN'61 | SaarijPu | 1983 |
| 10.15,90i | TARJA NURMISTO'64 | SaarijPu | 1987 |
| 10.16,87 | TIINA MANNINEN'78 | HaHanka | 1996 |
| 10.17,69i | MERJA RANTANEN'80 | KaipVi | 2012 |
| 10.19,8 | PAULA LAPPALAINEN'58 | KeNsU | 1983 |
| 10.20,61 | OONA-MARI HAKULINEN'94 | JKU | 2019 |
| 10.20,86 | SATU RAUTIAINEN'88 | ÄäänUrh | 2020 |
| 10.21,39 | LINDA VESIAHO'84 | SaarijPu | 2001 |
| 10.22,78 | MARI JÄRVINEN'77 | KaipVi | 1995 |
| 10.23,0 | SIRPA HAAPAKOSKI'55 | SaarijPu | 1973 |
| 10.23,5 | PAULA TURPEINEN'56 | JKU | 1980 |
| 10.23,92 | SARA MUTIKAINEN'79 | JKU | 2010 |
| 10.25,0 | SIRKKA-LIISA KUHNO'46 | SaarijPu | 1973 |
| 10.26,27 | KATJA MUSTONEN'77 | KoivKi | 2011 |
| 10.27,75i | PAULIINA GIRSEN'69 | SaarijPu | 1988 |
| 10.30,0 | ARJA PENTTINEN'53 | SaarijPu | 1972 |
| 10.30,2 | TEIJA HYYTIÄINEN'65 | SaarijPu | 1982 |
| 10.30,4 | ANITTA NURMISTO'56 | SaarijPu | 1982 |
| 10.30,52 | SARI ANTTONEN'91 | SuolU | 2007 |
| 10.31,0i | SOILI AHONEN'57 | SaarijPu | 1979 |
| 10.32,38 | MARJA KANTANEN'64 | JKU | 1986 |
| 10.32,84 | ANNELI KINNUNEN'71 | JKU | 1987 |
| 10.32,8i | ARJA UUSITALO'65 | SaarijPu | 1993 |
| 10.33,84 | INKA NURMINEN'00 | JKU | 2017 |
| 10.35,0 | PÄIVI APPONEN'59 | JyvTo | 1980 |
| 10.35,19 | SARI KRIGSMAN'67 | JKU | 1992 |
| 10.35,26 | PAULIINA OKSANEN'89 | JKU | 2015 |
| 10.36,64 | JASMIN NYSSÖNEN'98 | JKU | 2015 |

10.40,54 EIJA AALTO'80 Y-Sport 1994

5000 metriä

| | | | |
|----------|---------------------------|----------|-------------|
| 16.03,35 | ULLA TUIMALA'82 | ÄänUrh | 2003 |
| 16.22,18 | SIRKKU KUMPULAINEN'56 | ViitVi | 1983 |
| 16.28,67 | ANNI TUIMALA'82 | ÄänUrh | 2002 |
| 17.01,52 | ANETTE RINNE'69 | SaariPu | 1995 |
| 17.07,40 | KATRI NIEMISTÖ'94 | JKU | 2020 |
| 17.21,09 | MERJA RANTANEN'80 | KaipVi | 2009 |
| 17.30,7 | PAULA TURPEINEN'56 | JKU | 1979 |
| 17.36,59 | IRMA VIRTANEN'51 | JKU | 1988 |
| 17.43,32 | VENLA SAARI'03 | JKU | 2018 |
| 17.44,1 | JAANA HASSI'69 | KaipVi | 1984 |
| 17.49,03 | SARA MUTIKAINEN'79 | JKU | 2010 |
| 17.49,67 | SATU RAUTIAINEN'88 | ÄänUrh | 2020 |
| 17.51,52 | PAULA LAPPALAINEN'58 | KeNsU | 1983 |
| 17.55,13 | TIINA-MAIJA LEPPÄLAMPI'60 | SaariPu | 1995 |
| 17.55,56 | OONA-MARI HAKULINEN'94 | JKU | 2018 |
| 17.55,95 | TIINA MANNINEN'78 | HaHanka | 1998 |
| 17.57,78 | SATU HENTTINEN'78 | KaKiva | 1998 |
| 18.10,43 | PAULIINA OKSANEN'89 | JKU | 2018 |
| 18.13,97 | HEINI IKONEN'99 | JKU | 2020 |
| 18.16,68 | TIINA ALHONEN'80 | VaajKu | 2020 |
| 18.20,31 | KATJA JÄRVELÄ'72 | JKU | 2011 |
| 18.22,39 | EMILIA SILTANEN'83 | JKU | 2020 |
| 18.27,60 | TEIJA LEPPÄNEN'73 | SaariPu | 1992 |
| 18.30,75 | LOTTA MÄKINEN'01 | JKU | 2017 |
| 18.33,80 | KATJA MUSTONEN'77 | KoivKi | 2013 |
| 18.45,5 | TERTTU MARTTILA'44 | ToiRi | 1989 |
| 18.46,22 | ANITTA NURMISTO-PERÄ'56 | KaipVi | 2000 |
| 18.54,32 | MARI HYYPPÄ'69 | JKU | 2017 |
| 18.54,90 | ANU VATANEN'62 | JKU | 2003 |
| 18.55,23 | SARI ANTTONEN'91 | SuolUrho | 2007 |
| 18.56,69 | (ANNA-)ELINA HEIKKINEN'90 | JKU | 2019 |
| 19.05,00 | SILJA SALMIJÄRVI'61 | KeNsU | 2002 |
| 19.09,27 | MARJA SIEKKINEN'67 | KeuKis | 1986 |
| 19.11,13 | TIINA FÖHR'85 | JKU | 2015 |
| 19.11,19 | TUULA EKLUND'62 | JKU | 1985 |
| 19.15,05 | MINNA MANNINEN'77 | HaHanka | 1993 |
| 19.16,99 | RIIKKA TIISANOJA'75 | KeuKis | 2020 |
| 19.21,09 | NEA LILJA'01 | JKU | 2018 |
| 19.21,40 | PIRJO URPILAINEN'78 | KinnKim | 1993 |
| 19.22,56 | PÄIVI MAHOSENAHO'78 | JKU | 1996 |
| 19.23,57 | JASMIN NYSSÖNEN'78 | JKU | 2015 |
| 19.30,55 | KATJA SORRI'75 | JKU | 2017 |
| 19.50,00 | NIINA KALLIO'88 | JKU | 2004 |
| 19.52,00 | MAIRE LEPPÄNEN'74 | SaariPu | 1994 |
| 19.56,91 | HEIDI LINDFORS'87 | JKU | 2020 |
| 20.01,5 | PAULA MARTTILA'69 | ToiRi | 1989 |
| 20.05,14 | KIRSTI HIETAOJA'87 | HippMK | 2020 |
| 20.06,76 | LEENA PIRKOLA'92 | KaipVi | 2014 |
| 20.06,82 | MARI SUUTARI'74 | LaukU | 1996 |
| 20.17,37 | MAIJA PUSKA'90 | JKU | 2010 |

18.54 r -19

| | | | | |
|---------|-----------------------|----------|------|--------------|
| 17:09 r | SAIJA SEPPÄ'98 | SuolUrho | 2019 | (dokumentti) |
| 19:20 r | JANETTE NIEMI'98 | JKU | 2019 | |
| 19:24 r | HEINI IKONEN'99 | JKU | 2019 | |
| 19:28 r | VEERA KLEMENTTINEN'98 | JKU | 2019 | |
| 19:58 r | TUULIA VIBERG'92 | JKU | 2015 | |

10000 metriä

| | | | | |
|----------|---------------------------|----------|-------------|--------------|
| 33.25,19 | SIRKKU KUMPULAINEN'56 | ViitVi | 1988 | |
| 34.21,72 | ULLA TUIMALA'82 | ÄänUrh | 2006 | |
| 35.13,49 | TIINA-MAIJA LEPPÄLAMPI'60 | SaarijPu | 1992 | |
| 35.33,71 | IRMA VIRTANEN'51 | JKU | 1987 | |
| 36.37,72 | RIITTA HÄMÄLÄINEN'55 | SaarijPu | 1991 | |
| 36.40,0 | PAULA TURPEINEN'56 | JKU | 1979 | |
| 36.40,74 | ANU VATANEN'62 | JKU | 1994 | |
| 36.42,56 | MARJA SIEKKINEN'67 | SaarijPu | 1991 | |
| 36.47,54 | KATRI NIEMISTÖ'94 | JKU | 2020 | |
| 37.20,90 | SARA MUTIKAINEN'79 | JKU | 2010 | |
| 37.28,96 | TARJA SÖRENSEN'64 | SaarijPu | 1987 | |
| 37.42,96 | ANETTE RINNE'69 | SaarijPu | 1994 | |
| 37.45,2 | PAULA LAPPALAINEN'58 | KeNsU | 1983 | |
| 37.51,26 | EMILIA SILTANEN'83 | JKU | 2020 | |
| 37.52,02 | TIINA FÖHR'85 | JKU | 2018 | 37.28-15 r** |
| 38.02,26 | MARJA KYLLÖNEN'76 | ViitVi | 2009 | |
| 38.09,05 | KATJA JÄRVELÄ'72 | JKU | 2011 | |
| 38.12,89 | TIINA ALHONEN'80 | VaajKu | 2019 | |
| 38.26,54 | ANITTA NURMISTO-PERÄ'56 | KaipVi | 2000 | |
| 38.36,47 | PAULIINA OKSANEN'89 | JKU | 2015 | |
| 38.38,2 | SEIJA EEROLA'59 | SaarijPu | 1983 | |
| 38.40,3 | JAANA HASSI'69 | KaipVi | 1985 | |
| 38.44,5 | (ANNA-)ELINA HEIKKINEN'90 | JKU | 2019 | 38.06-19 r |
| 39.01,0 | PÄIVI LANKINEN'58 | ViitVi | 1983 | |
| 39.16,86 | ARJA UUSITALO'65 | JKU | 1992 | |
| 39.24,85 | MARI HYYPPÄ'69 | JKU | 2014 | 38.47-16 r |
| 39.30,85 | RIIKKA TIISANOJA'75 | KeuKis | 2019 | 38.39-18 r |
| 39.36,4 | ANNELI MÖRÄ-LEINO'56 | JKU | 1991 | |
| 39.45,09 | TEIJA LEPPÄNEN'73 | SaarijPu | 1992 | |
| 40.01,0 | MARJA KANTANEN'64 | JKU | 1986 | |
| 40.04,2 | RIITTA KIUASPERÄ'54 | JKU | 1985 | |
| 40.36,0 | TIINA KOSKIAHO'64 | SaarijPu | 1990 | |
| 40.45,29 | PÄIVI HALTTUNEN' | SaarijPu | 1994 | |
| 40.47,70 | SARI KOHONEN'61 | MuurY | 2005 | 40.43-07 r |
| 41.09,49 | VIRPI TERVONEN'65 | KeuKis | 2008 | |
| 41.16,01 | KATJA SORRI'75 | JKU | 2016 | 39.43-17 r |
| 41.38,1 | TARJA MASALIN'82 | KeuKis | 2010 | 40.41-18 r |
| 42.04,26 | ANNUKKA VIITALA'65 | JKU | 1992 | |
| 42.09,1 | SARI KRIGSMAN'67 | SaarijPu | 2000 | |
| 42.32,0 | JAANA PUTTONEN' | ToiRi | 1993 | |
| 42.32,31 | KATJA KORHONEN'90 | JKU | 2015 | 42.25-15 r |
| 42.45,7 | SIRPA HUKARI'75 | JKU | 2010 | |
| 42.48,43 | HEIDI LINDFORS'87 | JKU | 2020 | |
| 42.50,75 | SONJA ILOMÄKI'82 | JKU | 2015 | |
| 43.22,72 | MAARIT VALTONEN'76 | JKU | 2014 | |
| 43.25,19 | RIITTA HÄMÄLÄINEN'55 | VaajKu | 2009 | |
| 43.36,09 | ANNE KIVIVUORI'85 | ViitVi | 2016 | |

| | | | | |
|----------|------------------------|-----------|------|-------------|
| 44.16,60 | ANN-MARI KOHONEN'91 | MuurY | 2006 | |
| 44.17,30 | HANNELE KINNUNEN'82 | SuolU | 2006 | |
| 44.30,48 | NIINA AKGUN'78 | VaajKu | 2018 | 43.38-18 r |
| 36.58 r | ANNI TUIMALA'82 | ÄänUrh | 2000 | |
| 37.28 r | KATJA MUSTONEN'77 | KoivKi | 2011 | 37.05-12 r* |
| 37.28 r | ALISA VIRTANEN'02 | JKU | 2019 | |
| 37.31 r | SAIJA SEPPÄ'98 | SuolUrho | 2017 | |
| 37.32 r | SINI ALUSNIEMI'81 | JKU | 2014 | |
| 37.58 r | LOTTA MÄKINEN'01 | JKU | 2016 | |
| 38.18 r | VENLA SAARI'03 | JKU | 2017 | |
| 38.24 r | OONA-MARI HAKULINEN'94 | JKU | 2018 | |
| 38.45 r | HEINI WENNMANN'86 | JKU | 2019 | (mittaus?) |
| 38.51 r | EMMA RAINIO'03 | JKU | 2019 | |
| 38.54 r | SATU RAUTIAINEN'88 | ÄänUrh | 2019 | |
| 38.55 r | INKA NURMINEN'00 | JKU | 2015 | |
| 39.15 r | SAIJA SEPPÄ'98 | SuolUrho | 2014 | |
| 39.23 r | KIIA PAAVOLA'04 | JKU | 2018 | |
| 39.40 r | MERJA RANTANEN'80 | KaipVi | 2017 | |
| 39.49 r | TITTA KUORELAHTI'96 | ÄänHuima | 2019 | |
| 40.35 r | MARI HÄRMÄLÄ'77 | HippMK*** | 2016 | |
| 40.36 r | JULIA IJÄS'00 | JKU | 2015 | |

* ei virall. mitattu reitti **yhdensuuntainen reitti ***ei SUL seura

Puolimaraton (21097,5 metriä)

| | | | | |
|----------|-----------------------------|------------|-------------|-------------------------|
| 1:14.34 | SIRKKU KUMPULAINEN'56 | ViitVi | 1984 | |
| 1:19.21 | ANNI TUIMALA'82 | ÄänUrh | 2017 | |
| 1:19.45 | RIITTA HÄMÄLÄINEN'55 | SaariPu | 1992 | |
| 1:21.19 | PAULA TURPEINEN'56 | JKU | 1980 | |
| 1:21.39 | ANU VATANEN'62 | JKU | 1994 | |
| 1:21.52 | IRMA HYYTIÄINEN'52 | JKU | 1980 | |
| 1:22.11 | MARJA KANTANEN'64 | JKU | 1986 | |
| 1:22.22 | TIINA ALHONEN'80 | VaajKu | 2020 | |
| 1:22.57 | KATRI NIEMISTÖ'94 | JKU | 2018 | |
| 1:22.57 | EMILIA SILTANEN'83 | JKU | 2020 | |
| 1:23.00 | IRMA VIRTANEN'51 | PalokUrh | 1983 | |
| 1:23.06 | SIRKKA KYTÖLÄ'56 | JKU | 1983 | |
| 1:23.08 | KATJA (SILLANPÄÄ)JÄRVELÄ'72 | VaajKu | 2005 | |
| 1:23.18* | ANITTA NURMISTO-PERÄ'56 | KaipVi | 2000 | |
| 1:23.30 | TIINA FÖHR'85 | JKU | 2017 | 1:23.19-18 alimatka |
| 1:24.05 | (ANNA)-ELINA HEIKKINEN'90 | JKU | 2020 | |
| 1:24.28 | KATJA MUSTONEN'77 | KoivKi | 2012 | |
| 1:25.10 | MARJO KYLLÖNEN'76 | ViitVi | 2009 | |
| 1:25.16 | ARJA UUSITALO'65 | SaariPu | 1993 | |
| 1:25.39 | CHRISTINA MISCHICA'89 | JKU | 2019 | |
| 1:25.51* | SINI ALUSNIEMI'81 | JKU | 2014 | *osa maastoa 1:26.43-12 |
| 1:26.37 | SARI PUUMALA'66 | JKU | 1998 | |
| 1:26.44 | TARJA MASALIN'82 | KeuKis | 2019 | |
| 1.26.53 | MERJA TARVAINEN'64 | JyskRyhti | 1980 | |
| 1:26.56 | ULLA TUIMALA'82 | ÄänUrh | 2015 | |
| 1:27.07 | MARI HYYPPÄ'69 | JKU | 2015 | 1:25.30-18 alimatka |
| 1:27.13 | MIRKKU LEMINEN'50 | JKU | 1983 | |
| 1:27.23 | ANETTE RINNE-HYYTIÄINEN'69 | SaariPu | 1997 | |
| 1:27.46* | SARI KOHONEN'61 | MuurY | 2004 | |
| 1:27.57 | VIRPI PEKKARINEN' | KinnKimmot | 1983 | |

| | | | |
|----------|------------------------|----------------|------|
| 1:28.00 | KATJA SORRI'75 | JKU | 2017 |
| 1:28.11 | SATU PIRTTINIEMI'86 | KuorevKä | 2011 |
| 1:28.14 | KATI TOIVIO'75 | VaajKu | 2011 |
| 1:28.23 | ELINA RISTANIEMI'57 | JKU | 1983 |
| 1:28.34 | ANNA-LIISA VILKKILÄ'46 | KeuKis | 1990 |
| 1:28.57* | MARI PELTOLA'74 | UurU | 2000 |
| 1:28.59 | MINNA JUUTILAINEN'67 | VaajKu | 2002 |
| 1:29.03 | KAARINA KYTÖLÄ'57 | JKU | 1985 |
| 1:29.03 | SUSANNA RAITAMÄKI'87 | SaarijPu | 2010 |
| 1:29.13 | PIRJO LEHTONEN'57 | KaipVi | 1987 |
| 1:29.37 | PÄIVI HALTTUNEN' | SaarijPu | 1994 |
| 1:29.40 | HANNELE KOTILAINEN'54 | ViitVi | 1982 |
| 1:29.57 | TIIA HUUSKONEN'85 | (Muurame)*** | 2019 |
| 1:30.10 | MARIKA SAVUKOSKI'80 | KeuKis | 2017 |
| 1:30.13 | IRMA VÄISÄNEN' | (Jyväskylä)*** | 1980 |
| 1:30.16 | PIIA SIITONEN'72 | JkiTrailRun*** | 2017 |
| 1:30.24 | MARI HÄRMÄLÄ'77 | HipposMK*** | 2017 |
| 1:30.55 | RAUNI PARANTAINEN'70 | ÄänUrh | 1998 |
| 1:30.58 | ANNELI MÖRÄ-LEINO'56 | JKU | 1986 |
| 1:31.06 | ANNE KILJUNEN'77 | HipposMK*** | 2018 |
| 1:31.23 | MARJA SIEKKINEN'67 | KeuKis | 1986 |
| 1:31.37 | MAIRE TURPEINEN'74 | SaarijPu | 2013 |

*= ei virallista reitinmittausta

= alamäki * ei SUL:n seura

epv. 1:29.45-14

Maraton (42195 metriä)

| | | | |
|---------|-----------------------------|------------|-------------|
| 2.35.24 | SIRKKU KUMPULAINEN'56 | ViitVi | 1988 |
| 2.47.38 | IRMA VIRTANEN'51 | JKU | 1988 |
| 2.49.45 | ANU VATANEN'62 | JKU | 1993 |
| 2.50.16 | RIITTA HÄMÄLÄINEN'55 | SaarijPu | 1991 |
| 2.54.33 | KATJA (SILLANPÄÄ)JÄRVELÄ'72 | VaajKu | 2004 |
| 2:55.53 | KATRI NIEMISTÖ'94 | JKU | 2020 |
| 2.56.35 | ANNA-LIISA VILKKILÄ'46 | KeuKis | 1984 |
| 2.57.44 | MARJA-LEENA REKKILÄ'50 | PihtipU | 1987 |
| 2:58.02 | EMILIA SILTANEN'83 | JKU | 2020 |
| 2:58.51 | TIINA FÖHR'85 | JKU | 2017 |
| 2.59.41 | ANITTA NURMISTO-PERÄ'56 | KaipVi | 2002 |
| 2.59.53 | MARJA KANTANEN'64 | JKU | 1987 |
| 3.00.40 | TIINA-MAIJA LEPPÄLAMPPI'60 | SaarijPu | 1992 |
| 3:01.55 | MARI HYYPPÄ'69 | JKU | 2017 |
| 3:02.33 | TIINA ALHONEN'80 | VaajKu | 2018 |
| 3.07.14 | SUSANNA RAITAMÄKI'87 | SaarijPu | 2010 |
| 3.08.12 | EIJA RISTANEN'61 | SaarijPu | 2003 |
| 3:08.12 | ANNI PASANEN'91 | (JYY Urh.) | 2014 |
| 3.08.27 | KATARIINA POUTA'48 | HuhtasKisa | 1982 |
| 3:08.44 | (ANNA-)ELINA HEIKKINEN'90 | JKU | 2015 |
| 3.10.22 | PÄIVI HALTTUNEN' | SaarijPu | 1994 |
| 3.10.30 | RIITTA KIUASPERÄ'54 | JKU | 1985 |
| 3:12.27 | ANNE KILJUNEN'77 | HipposMK* | 2020 |
| 3:13.30 | KATJA SORRI'75 | JKU | 2015 |
| 3.13.33 | TARJA MASALIN'82 | KeuKis | 2013 |
| 3.14.05 | ULLA TUIMALA'82 | ÄänUrh | 2009 |
| 3.14.20 | MINNA JUUTILAINEN'67 | VaajKu | 2002 |
| 3.14.40 | MARI HÄRMÄLÄ'77 | HipposMK* | 2018 |
| 3.15.57 | ANNUKKA VIITALA'65 | JKU | 1987 |

| | | | |
|---------|------------------------|---------------|-------------|
| 3.16.58 | SARI PUUMALA'66 | KeNsU | 2002 |
| 3.17.20 | RIITTA HARJU'49 | KollHerv | 1984 |
| 3.18.19 | HEIDI KAARTINEN'78 | JKU | 2001 |
| 3.18.40 | TIINA MOISIO'72 | KaipVi | 2010 |
| 3:19.30 | KATJA KORHONEN'90 | JKU | 2016 |
| 3:19.53 | KIRSTI HIETAOJA'87 | HipposMK* | 2020 |
| 3.20.09 | KATARIINA TURPEINEN'65 | HipposMK* | 2008 |
| 3:20.34 | TANJA LAINE'86 | HipposMK* | 2017 |
| 3.20.38 | TUULA YLITALO'71 | ÄänUrh | 2006 |
| 3.20.41 | ELINA SAARI'79 | VaajKu | 2009 |
| 3.20.48 | SARI KOHONEN'61 | MuurY | 2007 |
| 3.21.07 | PAULA TURPEINEN'56 | JKU | 1981 |
| 3.21.19 | RAIJA AALTONEN' | HuhtasKisa | 1987 |
| 3.21.22 | SIRPA HUKARI'75 | JKU | 2012 |
| 3.21.25 | ANNE TOURUNEN'51 | KunnonPoijat* | 1996 |
| 3.21.29 | OUTI MONTONEN'58 | KeNsU | 1987 |
| 3.21.33 | TEIJA LEPPÄNEN'73 | SaarijPu | 2008 |
| 3.21.44 | RAUNI PARANTAINEN'70 | ÄänUrh | 2002 |
| 3.22.11 | SUSANNA HALONEN'72 | (Jyväskylä)** | 2010 |
| 3:22.12 | RITVA SALONEN'49 | KollinmHe | 1985 |
| 3.22.29 | PAULA LAPPALAINEN'58 | KeNsU | 1981 |
| 3.23.39 | ULLA KULMALA'67 | JKU | 1993 |

*= ei SUL:n seura; **seuraton

3000 metriä estejuoksu

| | | | |
|-------------|------------------------|----------|-------------|
| 10.04,99 | ULLA TUIMALA'82 | ÄänUrh | 2001 |
| 10.07,41 | ANNI TUIMALA'82 | ÄänUrh | 2001 |
| 10.27,15 | ALISA VIRTANEN'02 | JKU | 2020 |
| 10.52,01 | LOTTA MÄKINEN'01 | JKU | 2018 |
| 10.56,88 | OONA-MARI HAKULINEN'94 | JKU | 2018 |
| 11.04,36 | SATU RAUTIAINEN'88 | ÄänUrh | 2020 |
| 12.05,73 | SARI ANTTONEN'91 | SuolUrho | 2008 |
| 12.25,29 | HEIDI LINDFORS'87 | JKU | 2020 |
| 12.37,68 | JANINA JAHKOLA'97 | JKU | 2014 |
| 12.49,36 | HEIDI NYRÖNEN'83 | SaarijPu | 2000 |
| 13.12,48 | LINDA LEPPIKORPI'98 | JKU | 2016 |
| 13.51,38/12 | MIA PAJUNEN'86 | JKU | 2004 |

100 metriä aitajuoksu

| | | | | |
|-------|------------------------|-------|-------------|-----------|
| 12,84 | NOORALOTTA NEZIRI'92 | JKU | 2020 | 12,82w-19 |
| 13,08 | IDA AIDANPÄÄ'88 | JKU | 2014 | |
| 13,41 | JULIA ENARVI'98 | JKU | 2019 | |
| 13,43 | EMMA KOISTINEN'96 | JKU | 2016 | |
| 13,55 | HANNA PENNANEN'77 | JKU | 1999 | |
| 13,94 | RITVA VALKEINEN'65 | JKU | 1984 | |
| 13,94 | SARI KAISTINEN'64 | JKU | 1985 | |
| 14,04 | NIINA VEHVILÄINEN'76 | LaukU | 1993 | 13,78w-95 |
| 14,12 | HETA RASINKANGAS'97 | JKU | 2016 | |
| 14,15 | EMMI MÄKINEN'93 | JKU | 2014 | |
| 14,24 | ELISA KIRVESNIEMI'85 | JKU | 2018 | 14,15w-16 |
| 14,24 | NORA-JULIA ISOLUOMA'99 | JKU | 2018 | |
| 14,49 | REETA VALVE'88 | MuurY | 2020 | |
| 14,51 | JUULI-ANNA TAUREN'91 | JKU | 2014 | 14,50w-13 |

| | | | | |
|--------|--------------------------|----------|-------------|-----------|
| 14,59 | MIINA PALONEN'98 | ViitVi | 2020 | |
| 14,68 | SINI TOIVOLA'96 | JKU | 2018 | |
| 14,74 | ANNE MERO'87 | JKU | 2005 | |
| 14,75 | KATRI PAANANEN'75 | KeuKis | 1999 | |
| 14,80 | ELISA OKSANEN'93 | JKU | 2018 | |
| 14,85 | PIRJO HAKALA'43 | SaarijPu | 1973 | |
| 14,96 | GIA REINHOLM'99 | JKU | 2019 | |
| 15,05 | VILMA MAINIO'96 | JKU | 2015 | |
| 15,19 | LEENA HAUKILAHTI'64 | JKU | 1992 | |
| 15,22 | EEVA VIERIKKO'52 | Jämskl | 1974 | h14,7h-74 |
| 15,25 | JOHANNA NIEMINEN'03 | JKU | 2020 | |
| 15,27 | VILHELMIINA TORNBERG'98 | JKU | 2018 | |
| 15,28 | SATU KOIVUKUMPU'69 | PihtipU | 1986 | 14,85w-86 |
| 15,29 | LAURA KOIVISTO'01 | JKU | 2019 | |
| 15,31 | HELI HIETANEN'83 | ÄänUrh | 2001 | 15,15w-01 |
| 15,41 | NELLI NIKULA'75 | HU-82 | 1993 | |
| 15,43 | EEVA NIEMELÄ'87 | JKU | 2006 | |
| 15,53 | SANNI SALMINEN'89 | ÄänUrh | 2005 | 15,44w-05 |
| 15,58 | PINJA HIRVILAHTI'00 | JKU | 2019 | 15,46w-19 |
| 15,65 | TANJA LEINONEN'75 | LaukU | 1993 | |
| 15,77 | ADA KOISTINEN'99 | JKU | 2017 | |
| 15,81 | TUULIKKI PUTTONEN'62 | VaajKu | 1982 | |
| 15,83 | NIINA HUOHVANAINEN'76 | KeuKis | 1992 | |
| 15,86 | SYLVIA TERHO'79 | SaarijPu | 1997 | |
| 15,92 | HANNELE HUUSKONEN'88 | MuurY | 2006 | |
| 16,01 | KATJA SIPPONEN'68 | ÄänHuima | 1988 | 15,68w-88 |
| 16,05 | HILLA NIEMINEN'99 | JKU | 2017 | |
| 16,09 | MONIKA AHONEN'98 | JKU | 2016 | 15,40w-15 |
| 16,19 | MERJA JÄRVINEN'72 | Jämskl | 1989 | |
| 16,20 | PÄIVI KÄÄRIÄINEN'72 | SaarijPu | 1991 | |
| 16,23 | REIJA LEPPÄNEN'80 | JKU | 2003 | |
| 16,24 | RITVA METSO'54 | ToiRi | 1977 | 15,8h-76 |
| 16,28 | SINI SANASLAHTI'95 | KaipVi | 2017 | |
| 16,33 | KIRSI LAMPINEN'71 | MulJy | 1989 | |
| 16,34 | JOHANNA HAAPAMÄKI'77 | VaajKu | 1998 | |
| 16,34 | NEA-MARI NEZIRI'96 | JKU | 2019 | |
| 15,74w | ANNI HALKO'96 | JKU | 2016 | |
| 16,32w | INKA SINIVUORI'97 | JKU | 2016 | 16,96-16 |
| 14,9h | VUOKKO LEPPÄMÄKI'51 | PetPet | 1970 | |
| 16,0h | SIRKKA-LIISA LAMPINEN'71 | MultJy | 1970 | |
| 16,0h | TARJA KAHMA'62 | SaarijPu | 1980 | |

400 metriä aitajuoksu

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|-------|----------------------|----------|-------------|--|
| 58,34 | EMMA KOISTINEN'96 | JKU | 2017 | |
| 59,58 | HEIDI SALMINEN'03 | JKU | 2020 | |
| 60,19 | ARJA VILJANMAA'65 | HU-82 | 1984 | |
| 60,56 | RITVA VALKEINEN'65 | JKU | 1985 | |
| 61,19 | SIIRI RAINIO'00 | JKU | 2016 | |
| 61,62 | EMILIJA MANNINEN'81 | JKU | 2013 | |
| 62,14 | ADA KOISTINEN'99 | JKU | 2016 | |
| 62,94 | PIRJO HAKALA'43 | SaarijPu | 1975 | |
| 63,07 | TUULIKKI PUTTONEN'62 | VaajKu | 1986 | |
| 63,72 | KATRI PAANANEN'75 | JKU | 2001 | |

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|-------|--------------------------|----------|------|
| 63,81 | ANNI HALKO'96 | JKU | 2014 |
| 64,30 | LEENA HAUKILAHTI'65 | JKU | 1993 |
| 64,61 | REETA PARKKONEN'88 | MuurY | 2006 |
| 64,8 | SARI KAISTINEN'64 | JKU | 1983 |
| 65,13 | JANINA JAHKOLA'97 | JKU | 2016 |
| 65,26 | KATRIN KREEN'66 | JKU | 2008 |
| 65,84 | SATU KOIVUKUMPU'69 | PihtipU | 1988 |
| 66,09 | KATJA SIPPONEN'68 | ÄänHuima | 1988 |
| 66,83 | EMMA PENNANEN'02 | JKU | 2019 |
| 67,3 | NELLI NIKULA'75 | HU-82 | 1993 |
| 68,06 | MERJA JÄRVINEN'72 | Jämskl | 1989 |
| 68,09 | HANNELE HUUSKONEN'88 | HaHanka | 2004 |
| 68,2 | SANNI LUHTALA'67 | KaipVi | 1986 |
| 69,12 | MINNA HALME'75 | Jämskl | 1993 |
| 69,40 | ROSA GRÖNLUND'88 | JKU | 2007 |
| 69,58 | PINJA HIRVILAHTI'00 | JKU | 2017 |
| 69,59 | HEIDI HAAPAMÄKI'00 | JKU | 2018 |
| 69,74 | HEINI RYTKÖNEN'87 | JKU | 2019 |
| 69,91 | MARJAANA SOJAKKA'68 | JKU | 2010 |
| 69,9 | BRITA TAKANEN'63 | KeuKis | 1983 |
| 70,07 | ULLA-MAIJA SARKKINEN'70 | Jämskl | 1989 |
| 70,3 | OUTI JAAKONAHO'66 | JKU | 1980 |
| 70,5 | TARJA KAHMA'62 | SaarijPu | 1980 |
| 70,89 | JAANA LAKSELA'70 | KaKiva | 1990 |
| 71,1 | MAIRE RAUTIAINEN'57 | HaHanka | 1977 |
| 71,4 | SUSANNE ELJANDER'66 | LaukU | 1980 |
| 71,69 | LENITA ROTH'62 | YU-2000 | 1989 |
| 71,93 | JENNA TAMMINEN'86 | KyyjKy | 2003 |
| 71,8 | MIRJA VESANDER'61 | ToiRi | 1978 |
| 71,95 | KIRSTI SIEKKINEN'68 | JKU | 2013 |
| 71,98 | PAULIINA KANGAS'78 | ÄänUrh | 1996 |
| 72,39 | MINNA PESSA'66 | JKU | 2010 |
| 72,2 | TIINA METSO'60 | ToiRi | 1979 |
| 72,4 | EEVA VIERIKKO'52 | Jämskl | 1974 |
| 72,72 | EEVA NIEMELÄ'87 | JKU | 2004 |
| 72,9 | MAIJU-RIITTA KATTELUS'56 | Jämskl | 1977 |
| 73,0 | RITVA PERÄLÄ'69 | MultJy | 1986 |
| 73,32 | SARI ANTTONEN'91 | SuolUrho | 2007 |
| 73,2 | RITVA ILMARINEN'62 | MultJy | 1978 |
| 73,60 | ANU KEMPPAINEN'65 | PihtipTu | 1988 |

Korkeushyppy

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|------|---------------------|---------|-------------|
| 187 | SINI LÄLLÄ'94 | JKU | 2020 |
| 186 | ALINA MATTILA'82 | JKU | 2006 |
| 185i | ANITA ERÄMIES'64 | MultJy | 1985 |
| 184 | TANJA LEINONEN'75 | LaukU | 1992/-93 |
| 182i | REIJA LEPPÄNEN'80 | JKU | 2004 |
| 175 | GABRIELA KOSONEN'95 | JKU | 2019 |
| 175 | TUULI JÄRVINEN'05 | KeuKis | 2019 |
| 172 | MIRJA MÄKINEN'60 | JämskTa | 1978 |
| 172 | HELI HIETANEN'83 | JKU | 1998 |
| 171 | KATRI PAANANEN'75 | KeuKis | 1997/-98 |
| 171 | SIRKKA SIPPONEN'92 | KeuKis | 2008 |
| 171 | LAURA KUMPULA'87 | MultJy | 2009 |

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|------|--------------------------|----------|-------------|
| 170 | MARIKA LIIMATAINEN'77 | SumKu | 1994 |
| 170 | LAURA OKSANEN'79 | JKU | 1998 |
| 169 | RITVA BISTER'44 | KoskKi | 1965 |
| 169i | HELENA TAITTONEN'77 | JKU | 1994 |
| 169 | KIRSI PELTOLA'75 | Jämskl | 1997 |
| 169i | EMMI MÄKINEN'93 | JKU | 2011 |
| 168 | SATU KOIVUKUMPU'68 | PihtipU | 1986 |
| 167 | JOHANNA NIEMINEN'03 | JKU | 2020 |
| 166 | KAARINA HELIN'56 | JKU | 1973 |
| 166 | TARJA HIEKKANEN'67 | UurUrh | 1984 |
| 166i | HETA KETTUNEN'93 | JKU | 2011 |
| 166 | HEIDI RANTALA'93 | ViitVi | 2012 |
| 166 | MINTTU RINNE'98 | SaarijPu | 2017 |
| 166 | ELISA OKSANEN'93 | JKU | 2019 |
| 165 | ERJA SCHWARTZ'56 | Jämskl | 1975 |
| 165 | ANITTA VEANDER'57 | LaukU | 1975 |
| 165 | TIINA METSO'60 | ToiRi | 1978 |
| 165 | SARI LUHTANEN'65 | JKU | 1981 |
| 165 | RITVA VALKEINEN'65 | JKU | 1985 |
| 165 | TUIRE MÄKI'76 | LaukU | 1993 |
| 165 | REETTA METSÄNEN'95 | JKU | 2011 |
| 165 | SAARA PUUSTINEN'98 | ViitVi | 2014 |
| 165 | ELISA KIRVESNIEMI'85 | JKU | 2018 |
| 164 | SIRKKA-LIISA LAMPINEN'51 | PetPet | 1975 |
| 164 | TIINA KAUPPINEN'72 | PihtipTu | 1989 |
| 164 | JUULI-ANNA TAUREN'91 | JKU | 2014 |
| 164i | JANETTE TANNINEN'01 | MultJy | 2015 |
| 163 | TEA THIL'67 | LaukU | 1983 |
| 163 | TESSA HEINO'83 | JKU | 1998 |
| 163i | REETA PARKKONEN'88 | MuurY | 2006 |
| 163 | AMANDA KULJU'03 | JKU | 2020 |
| 162 | MIRJA-LIISA LAITINEN'53 | SaarijPu | 1972 |
| 162 | SATU SUVANTO'61 | PihtipU | 1978 |
| 162 | PIA VIRTANEN'70 | HaapVi | 1984 |
| 162 | SANNI SALMINEN'89 | ÄänUrh | 2006 |
| 162 | ALISA SEILONEN'04 | JKU | 2019 |
| 162 | LOTTA PERKIÖ'06 | SaarijPu | 2020 |
| 161 | EILA KALAVAINEN'52 | JKU | 1972 |
| 161 | PIRKKO ÅKERMAN'60 | JKU | 1974 |
| 161 | MINNA HALME'75 | Jämskl | 1991 |
| 161 | SYLVIA TERHO'79 | SaarijPu | 1997 |
| 161 | EMMA KATAJA'97 | SaarijPu | 2013 |
| 161 | ADA KOISTINEN'99 | JKU | 2016 |
| 161i | VENLA SAARI'03 | JKU | 2018 |
| 161 | NITA RASI'03 | PihtipTu | 2018 |

Seiväshyppy

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|------|--------------------|--------|-------------|
| 410i | EEVA NIEMELÄ'87 | JKU | 2013 |
| 385 | TUULI JÄRVINEN'05 | KeuKis | 2020 |
| 380 | EMMI MANNINEN'93 | ViitVi | 2011 |
| 375 | MILLA SIEKKINEN'95 | JKU | 2012/2013i |
| 363 | OOSA SIUKONEN'01 | JKU | 2020 |
| 360 | TESSA MYLLYMÄKI'94 | JKU | 2012 |
| 360 | ANNI HALKO'96 | JKU | 2016 |

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|------|-----------------------|----------|-------------|
| 351 | ANNE MERO'87 | JKU | 2004 |
| 351 | FIINU PUUSTINEN'03 | JKU | 2020 |
| 350 | KRISTA KOSKINEN'98 | Jämskl | 2013 |
| 345 | ADA KOISTINEN'99 | JKU | 2015 |
| 342i | NELLI PAJULA'04 | JKU | 2020 |
| 341i | SONJA HARTIO'97 | JKU | 2016 |
| 341i | JENNA TUOMAALA'05 | JKU | 2020 |
| 334 | PIIA PEETS'96 | JKU | 2015 |
| 331i | MONIKA AHONEN'98 | JKU | 2015 |
| 330i | SUSANNA SEPPÄNEN'96 | JKU | 2017/2018i |
| 330i | GEA ZITTING'03 | JKU | 2020 |
| 320 | MILLA POHJOLA'98 | MultJy | 2015/2017i |
| 320 | RIIKKA KONTTINEN'98 | MultJy | 2015 |
| 320 | ANNIKA AHONEN'02 | JKU | 2017 |
| 310 | HELI KORHONEN'90 | MultJy | 2010 |
| 310 | HETA RASINKANGAS'97 | JKU | 2012 |
| 310i | EMMA MÄKELÄ'98 | MultJy | 2017 |
| 302i | TESSA MOISIO'03 | KaipVi | 2020 |
| 300 | KAROLIINA HIRVELÄ'06 | KaipVi | 2019 |
| 292i | ILONA JÄRVENPÄÄ'04 | KeuKis | 2020 |
| 290 | KIRSTI SIEKKINEN'66 | JKU | 2009 |
| 290 | VILMA MOILANEN'81 | JKU | 2018 |
| 280 | MAIJA SIPPOLA'85 | LaukU | 2000 |
| 280 | JANINA TANNINEN'97 | MultJy | 2012 |
| 280 | JONNA TAMMINEN'98 | MultJy | 2013 |
| 280 | NITA RASI'03 | PihtipTu | 2017/-18 |
| 270 | JOANNA WALLINHEIMO'01 | JKU | 2015 |
| 270 | MARI KAHILAINEN'99 | PihtipTu | 2016 |
| 270i | SONIA SOLISMAA'77 | JKU | 2017 |
| 270 | MOONA HEIKKINEN'06 | JKU | 2020 |
| 265 | MINTTU KOUSA'97 | JKU | 2012 |
| 263 | VEERA LEPPÄNEN'92 | JKU | 2006 |
| 261 | SARI MÄKIPÄÄ'83 | LaukU | 2001 |
| 260 | EERIKA SIEKKINEN'06 | PihtipTu | 2020 |
| 253i | NANNA LEIVONEN'04 | JKU | 2018 |
| 252 | ESSI SUNI'08 | JKU | 2020 |
| 250 | SONJA KUPARI'84 | UurUrh | 1998 |
| 250 | LAURA PIISPANEN'95 | KaKiva | 2008/09 |
| 250i | JOHANNA LEIVONEN'77 | JKU | 2014 |
| 242i | MARJAANA SOJAKKA'68 | JKU | 2010 |
| 240 | IRINA NISKANEN'82 | ÄänUrh | 1996 |
| 240 | MAIJU PENNANEN'86 | ViitVi | 2001 |
| 240 | TITTA KEMPPAINEN'92 | JKU | 2005 |
| 240 | EMMI MÄKINEN'93 | JKU | 2006 |
| 240 | MARJUKKA MONNI'94 | JKU | 2008 |
| 240 | HEIDI SIEKKINEN'95 | PihtipTu | 2010 |
| 240 | MINTTU RINNE'98 | SaariPu | 2013 |
| 240 | SALLA HILTUNEN'00 | HaHanka | 2014 |
| 240 | EMMI SAJASALO'02 | JKU | 2015 |
| 240 | PETRA KOSKINEN'03 | JKU | 2018 |

Pituushyppy

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|-----|-----------------|-----|------|
| 638 | EMMI MÄKINEN'93 | JKU | 2016 |
|-----|-----------------|-----|------|

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|------|---------------------------|----------|-------------|---------|
| 633 | SINI SANASLAHTI'95 | KaipVi | 2020 | |
| 627 | OONA NIEMINEN'00 | JKU | 2020 | |
| 621 | TEIJA HANNILA'80 | ÄänUrh | 2003 | |
| 614i | HANNA PENNANEN'77 | JKU | 1999 | 616w-95 |
| 613 | TANJA KERÄNEN'77 | JKU | 1998 | 624w-99 |
| 609i | REIJA LEPPÄNEN'80 | JKU | 2000 | |
| 605 | TIINA SOMPPI'73 | SaarijPu | 1992 | |
| 605i | EVELIINA HOVINEN'90 | ÄänUrh | 2010 | 609w-11 |
| 605i | ELISA KIRVESNIEMI'85 | JKU | 2016 | |
| 604 | REETA PARKKONEN'88 | MuurY | 2011 | |
| 603 | HELI HIETANEN'83 | JKU | 1999 | |
| 599i | GIA REINHOLM'99 | JKU | 2019 | |
| 596 | SINI TOIVOLA'96 | JKU | 2017 | |
| 595 | ADA KOISTINEN'99 | JKU | 2016 | |
| 593 | SYLVIA TERHO'79 | SaarijPu | 1996 | |
| 590i | MINNA-MARI MIINALAINEN'72 | VaajKu | 1990 | |
| 590 | JUULI-ANNA TAUREN'91 | JKU | 2013 | |
| 584 | JOHANNA MANNINEN'80 | JKU | 2010 | |
| 583 | PIRJO HAKALA'43 | SaarijPu | 1974 | |
| 583i | HELI PALORANTA'80 | JKU | 2004 | 589w-83 |
| 582 | HETA RASINKANGAS'97 | JKU | 2020 | |
| 580 | RITVA VALKEINEN'65 | JKU | 1982 | |
| 579 | MIINA PALONEN'98 | ViitVi | 2015 | 583w-15 |
| 577 | MIRJA HUOVINEN'50 | SäyRi | 1982 | |
| 577i | WILHELMIINA HARJU'02 | JKU | 2020 | 583w-20 |
| 574 | LEENA HAUKILAHTI'64 | JKU | 1993 | |
| 574 | KIRSI HÄNNINEN'76 | JKU | 1999 | |
| 572 | TUIRE MÄKI'76 | LaukU | 1993 | |
| 572 | KATRI PAANANEN'75 | KeuKis | 1997 | |
| 570 | ROOSA MÄHÖNEN'00 | JKU | 2020 | |
| 569 | AINO PULKKINEN'98 | ÄänUrh | 2016 | |
| 568 | RIINA JORMAKKA'96 | KaipVi | 2013 | |
| 566 | MARI KIMINKINEN'78 | PylkY | 1997 | |
| 566 | OLIVIA ASIKAINEN'04 | KaipVi | 2020 | |
| 564 | RIIKKA SAVOLAINEN'03 | JKU | 2020 | |
| 563 | MARJO ROPPONEN'82 | KaipVi | 2001 | |
| 563i | RIA AHONEN'91 | ÄänUrh | 2012 | |
| 562i | TESSA MOISIO'03 | KaipVi | 2020 | |
| 561 | LEENA KÄMÄRÄINEN'68 | JyvTo | 1989 | |
| 561i | JOHANNA NIEMINEN'03 | JKU | 2020 | |
| 560 | PINJA HIRVILAHTI'00 | JKU | 2020 | 569w-20 |
| 557 | SANNA-KAISA PAKKANEN'79 | JKU | 1997 | |
| 554i | ANNE MERO'87 | JKU | 2006 | |
| 553 | SANNI SALMINEN'89 | ÄänUrh | 2006 | |
| 553 | REETTA AALTONEN'97 | JKU | 2014 | |
| 553i | LAURA KOIVISTO'01 | JKU | 2020 | |
| 550 | KRISTIINA PELTOLA'82 | Jämskl | 2000 | |
| 550i | SIRKKU LESONEN'88 | JKU | 2008 | |
| 549 | NIINA VEHVILÄINEN'76 | LaukU | 1991 | |
| 549 | HEIDI HÄMÄLÄINEN'82 | ÄänUrh | 2000 | |
| 549 | SUVI NISULA'89 | MuurY | 2004 | |
| 549 | VILMA MAINIO'96 | JKU | 2011 | |

Kolmiloikka

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|--------|---------------------------|----------|-------------------|-----------|
| 13.70 | TEIJA HANNILA'80 | ÄänUrh | 2005 | |
| 13.19 | HANNA PENNANEN'77 | JKU | 1999 | |
| 12.99 | SANNA-KAISA PAKKANEN'79 | JKU | 1998 | |
| 12.95 | SINI SANASLAHTI'95 | KaipVi | 2019 | |
| 12.92 | ADA KOISTINEN'99 | JKU | 2018 | |
| 12.84 | RIA AHONEN'91 | ÄänUrh | 2011 | |
| 12.60 | ROOSA MÄHÖNEN'00 | JKU | 2020 | |
| 12.59 | OONA NIEMINEN'00 | JKU | 2019 | |
| 12.58 | WILHELMIINA HARJU'02 | JKU | 2019 | 12.59w-19 |
| 12.47 | SYLVIA TERHO'79 | SaarijPu | 1997 | |
| 12.45 | LAURA RAUTIAINEN'98 | SaarijPu | 2016 | |
| 12.40 | PETRA MÄENPÄÄ'93 | JKU | 2011 | |
| 12.33 | HEIDI KARLSTEDT'78 | VaajKu | 1995 | |
| 12.32 | TANJA KERÄNEN'77 | JKU | 1994 | |
| 12.30 | SALLI KOKKINEN'94 | JKU | 2016 | |
| 12.28 | REETA PARKKONEN'88 | MuurY | 2011 | |
| 12.25 | HEIDI LIIMATAINEN'80 | ÄänUrh | 1997 | |
| 12.18 | KATRI PAANANEN'75 | KeuKis | 1993 | |
| 12.18 | SIRKKU LESONEN'88 | JKU | 2008 | |
| 12.14 | LAURA KOIVISTO'01 | JKU | 2019 | |
| 12.10 | REETTA AALTONEN'97 | JKU | 2014 | |
| 12.06i | GIA REINHOLM'99 | JKU | 2019 | |
| 12.04i | TUIRE MÄKI'76 | LaukU | 1994 | |
| 12.03 | JOHANNA HAAPAMÄKI'77 | VaajKu | 1998 | 12.08w-98 |
| 12.01i | JENNI KOVANEN'89 | ÄänUrh | 2006 | |
| 11.99 | MONIKA AHONEN'98 | JKU | 2016 | |
| 11.98 | ANNI PITKÄJÄRVI'85 | JKU | 2006 | |
| 11.96i | HELI HIETANEN'83 | ÄänUrh | 2002 | |
| 11.93i | EMMI MÄKINEN'93 | JKU | 2006 | |
| 11.86 | REETTA JUSSILA'79 | JKU | 1999 | |
| 11.84 | SANNI SALMINEN'89 | ÄänUrh | 2006 | |
| 11.78 | JENNI KOVANEN'89 | ÄänUrh | 2005 | |
| 11.77i | SINI TOIVOLA'96 | JKU | 2015 | |
| 11.76i | KATARIINA SAARELAINEN'00 | JKU | 2017 | |
| 11.74 | MINNA ISOPOUSSU'78 | KaKiva | 1994 | |
| 11.71 | MAIJA RANTALA'94 | JKU | 2012 | |
| 11.71 | RIIKKA SAVOLAINEN'02 | JKU | 2020 | 12.30w-20 |
| 11.63 | IIDA PAJUNEN'05 | JKU | 2019/ 2020 | |
| 11.60 | MINNA-MARI MIINALAINEN'72 | VaajKu | 1990 | 11.61w-90 |
| 11.58 | JANETTE TANNINEN'01 | MultJy | 2016 | |
| 11.54 | IRINA NISKANEN'82 | ÄänUrh | 1999 | |
| 11.52 | LAURA OKSANEN'79 | JKU | 1998 | |
| 11.51i | SIRKKA SIPPONEN'92 | KeuKis | 2008 | |
| 11.50i | ILONA PIETILÄINEN'80 | ÄänUrh | 1995 | |
| 11.49 | TANJA LEINONEN'75 | LaukU | 1992 | |
| 11.49i | KRISTA AHONEN'89 | ÄänUrh | 2008 | 11.64w-07 |
| 11.43 | NIINA VEHVILÄINEN'76 | LaukU | 1991 | |
| 11.43 | NOORA SALMI'05 | JKU | 2020 | |
| 11.42 | HEIDI SALMENNIEMI'78 | JKU | 1996 | |
| 11.42 | EMMI PENNANEN'02 | JKU | 2019 | 11.50w-19 |
| 11.47w | PIIA KALLIOMÄKI'03 | ÄänUrh | 2020 | |

Kuulantyöntö (4,0 kg)

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|--------|--------------------------|----------|-------------|
| 17.26 | RITVA METSO'54 | ToiRi | 1975 |
| 17.14i | ANNA RAUHALA'75 | HaHanka | 1997 |
| 13.56 | VIRPI KORKIAKOSKI'66 | JKU | 1989 |
| 13.12 | SANNA TURKKI'73 | JKU | 1990 |
| 12.97i | HENNA RITANEN'97 | ÄänUrh | 2015 |
| 12.92 | MARJATTA KINNUNEN'48 | JKU | 1969 |
| 12.89 | MARI KÄRNÄ'73 | JKU | 1992 |
| 12.82 | KATJA STRANDMAN'83 | ViitVi | 2001 |
| 12.76 | PIRJO LIUKKONEN'61 | HaHanka | 1987 |
| 12.75 | KAISA AHONEN'86 | KivKiv | 2004 |
| 12.67 | JOHANNA SALMELA'90 | JKU | 2015 |
| 12.64 | VILMA RÄSÄNEN'03 | ViitVi | 2020 |
| 12.57 | MARI MANNINEN'85 | HaHanka | 2004 |
| 12.52i | ELISA KIRVESNIEMI'85 | JKU | 2016 |
| 12.38i | AADA KOPPELI'02 | JKU | 2020 |
| 12.37 | IRMA KUITUNEN'36 | LievKi | 1960 |
| 12.33 | RIITTA PUIKKONEN'54 | JKU | 1975 |
| 12.28 | SARI JOKELA'76 | KaipVi | 1994 |
| 12.09 | KATRI PAANANEN'75 | KeuKis | 2000 |
| 12.09i | JOHANNA LEIVONEN'77 | JKU | 2015 |
| 12.05 | ERJA STENBERG'74 | JämsJy | 1991 |
| 12.00 | ELISA OKSANEN'93 | JKU | 2018 |
| 12.00 | MARI KAHILAINEN'99 | PihtipTu | 2018 |
| 11.92 | RITVA VALKEINEN'65 | JKU | 1984 |
| 11.86 | ANNELI KOTILAINEN'47 | KivKiv | 1972 |
| 11.77 | MARI NÄRHI'72 | ViitVi | 1990 |
| 11.70 | RIIKKA OJASTENMÄKI'69 | ÄänHui | 1991 |
| 11.70i | RIIKKA AHONEN'84 | KivKiv | 2003 |
| 11.68 | LEILA RASINOJA'64 | ToiRi | 1983 |
| 11.66 | REETA PARKKONEN'88 | MuurY | 2013 |
| 11.62 | PÄIVI ILMARINEN'65 | MulJy | 1989 |
| 11.59 | VUOKKO LEPPÄMÄKI'51 | PetPet | 1971 |
| 11.53 | EILA RISSANEN'53 | VaajTe | 1971 |
| 11.48 | TERHI SÄTERI'71 | ViitVi | 1990 |
| 11.42 | TUULA KAHMA'66 | ViitVi | 1984 |
| 11.40 | KIRSI TAMMELIN-WIIK'59 | ViitVi | 1976 |
| 11.40 | MERJA HAUKKAMÄKI'63 | MultJo | 1982 |
| 11.34 | RITVA ILMARINEN'62 | MultJy | 1981 |
| 11.33 | TEIJA PARKKONEN'71 | PihtipU | 1989 |
| 11.26 | SUOMA TAPPER'41 | SaarijPu | 1963 |
| 11.23 | CAMILLA FORSBERG'02 | JKU | 2019 |
| 11.22i | MARITA TOIKKANEN'62 | SaarijPu | 1979 |
| 11.20 | INKA SINIVUORI'97 | JKU | 2020 |
| 11.11 | SIRKKA-LIISA LAMPINEN'51 | PetPet | 1970 |
| 11.10 | KAARINA HELIN'56 | JKU | 1973 |
| 11.08 | MEERI SALMINEN'48 | ÄänUrh | 1971 |
| 11.07 | ANNE KIVIVUORI'85 | ViitVi | 2019 |
| 11.06 | SIRPA TAMMELIN'58 | ViitVi | 1976 |
| 11.02 | SARI MÄKINEN'67 | HU-82 | 1984 |
| 11.01 | MARTTA LAIHORINNE'20 | SäySP | 1948 |

Kiekonheitto(1,0 kg)

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|-------|-------------------|--------|-------------|
| 59.52 | SALLA SIPPONEN'95 | KeuKis | 2020 |
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|--------|------------------------|----------|-------------|
| 52.38 | RITVA METSO'54 | ToiRi | 1975 |
| 51.43 | KATJA STRANDMAN'83 | ViitVi | 2003 |
| 49.06 | VILMA RÄSÄNEN'03 | ViitVi | 2020 |
| 46.76 | CAMILLA FORSBERG'02 | JKU | 2020 |
| 45.96 | PÄIVI ILMARINEN'65 | MulJy | 1988 |
| 44.98 | ANNA-MARIA MUITTARI'85 | ViitVi | 2003 |
| 44.88 | TUIJA RUUSKA'65 | KyyjKy | 1986 |
| 44.78 | SANNA TURKKI'73 | JKU | 1990 |
| 44.10 | RIITTA PUIKKONEN'54 | JKU | 1977 |
| 43.50 | MARI NÄRHI'72 | ViitVi | 1990 |
| 42.64 | MEERI SALMINEN'48 | ÄänUrh | 1975 |
| 42.52i | HENNA RITANEN'97 | ÄänUrh | 2014 |
| 42.37 | JENNA RAJALA'01 | KeuKis | 2018 |
| 41.11 | ASSI JÄMSEN'00 | JKU | 2016 |
| 40.00 | LEILA RASINOJA'64 | YU-2000 | 1988 |
| 39.24 | PIRJO LIUKKONEN'61 | HaHanka | 1980 |
| 38.64 | RIIKKA OJASTENMÄKI'69 | ÄänUrh | 1996 |
| 38.15 | ELINA UUSTALO'92 | KonnevU | 2008 |
| 37.66 | TUULA KAHMA'66 | ViitVi | 1984 |
| 37.43 | ULLA PIHLANTIE'24 | JKU | 1952 |
| 37.42 | VIRPI KORKIAKOSKI'66 | JKU | 1989 |
| 36.68 | MARI RITANEN'94 | ÄänUrh | 2011 |
| 36.62 | VIRVE HYTÖNEN'66 | KonnevU | 1988 |
| 36.30 | MARI KAHILAINEN'99 | PihtipTu | 2016 |
| 36.04 | RITVA ILMARINEN'62 | MultJy | 1984 |
| 35.96 | IRMA MÄNTYNYNEN'34 | KyyjKy | 1954 |
| 35.65 | LIISA KEMPPAINEN'32 | PihtipTu | 1956 |
| 35.64 | LEILA RASINOJA'64 | ToiRi | 1981 |
| 35.46 | VIIVI RAUTIAINEN'92 | SuolU | 2013 |
| 35.44 | JAANA PAANANEN'66 | PihtipU | 1986 |
| 35.42 | ANNA RAUHALA'75 | LaukU | 1993 |
| 35.22 | JOHANNA SALMELA'90 | JKU | 2016 |
| 35.20 | REBEKKA REKOLA'94 | JKU | 2017 |
| 35.09 | LAURA LEHTO'84 | JKU | 2020 |
| 34.90 | JOHANNA LEIVONEN'77 | JKU | 2014 |
| 34.66 | NELLI PAJULA'04 | JKU | 2020 |
| 34.46 | SAILA SIVEN'81 | KaipVi | 1995 |
| 34.34 | SARI JOKELA'76 | KaipVi | 1993 |
| 34.30 | HELLÄ SILOMA'15 | JKT | 1948 |
| 34.26 | TIINA TURKKI'80 | JKU | 1995 |
| 34.20 | MINNA TIKKANEN'76 | KivKiv | 1991 |
| 33.86 | EMILIA ISOJÄRVI'01 | KeuKis | 2018 |
| 33.58 | TUOVI SIEKKINEN'51 | HaHanka | 1970 |
| 33.25 | MAILA HEINONEN'25 | ViitVi | 1959 |
| 33.22 | ANNE HÄMÄLÄINEN'70 | JKU | 1986 |
| 33.14 | MARJATTA KINNUNEN'48 | JKU | 1967 |
| 33.14 | RIITTA PEKOLA'66 | MultJy | 1984 |
| 33.13 | EINE KILPINEN' | SäyRi | 1954 |
| 33.04 | ANNE JÄRVINEN'71 | HaHanka | 1991 |

Moukarinheitto (4,0 kg)

| | | | |
|-------|--------------------|---------|-------------|
| 67.08 | JOHANNA SALMELA'90 | JKU | 2017 |
| 64.12 | AADA KOPPELI'02 | JKU | 2020 |
| 58.81 | ELINA UUSTALO'92 | KonnUrh | 2010 |

| | | | |
|-------|-------------------------|----------|-------------|
| 55.77 | RIIKKA AHONEN'84 | KivKiv | 2003 |
| 55.57 | KAISA AHONEN'86 | KivKiv | 2008 |
| 55.50 | HANNAMARI KINNUNEN'97 | JKU | 2018 |
| 52.98 | EVA ANASTASI'89 | Jämskl | 2006 |
| 50.95 | KIIA SIPONEN'01 | ÄänUrh | 2019 |
| 50.11 | HELI PYNNÖNEN'97 | HaHanka | 2017 |
| 50.09 | IMAN ITANI'85 | ÄänUrh | 2002 |
| 47.81 | INKA HASANEN'00 | JKU | 2018 |
| 46.17 | UNNA SINIVUORI'00 | JKU | 2018 |
| 45.11 | KATI MÖTTÖNEN'81 | JKU | 2020 |
| 44.63 | EMMI MÄKÄLÄINEN'05 | JKU | 2020 |
| 42.87 | SIRJA HENTTONEN'86 | KuorKä | 2002 |
| 41.53 | LAURA LEHTO'84 | JKU | 2020 |
| 39.83 | JOHANNA LEIVONEN'77 | JKU | 2013 |
| 39.79 | ANNA-MARIA MUITTARI'85 | ViitVi | 2001 |
| 39.24 | KATJA STRANDMAN'83 | ViitVi | 1998 |
| 39.20 | MOONA PEKKANEN'97 | MultJy | 2014 |
| 39.14 | VILMA MOILANEN'81 | JKU | 2016 |
| 39.12 | KIRSI SPOOF-TUOMI'67 | JKU | 2015 |
| 39.11 | RIITTA PUIKKONEN'54 | Ysi-5 | 1998 |
| 39.02 | REBEKKA REKOLA'94 | JKU | 2016 |
| 38.29 | ERIKA TARVAINEN'86 | SuolUrho | 2006 |
| 37.02 | JUTTA JÄRVINEN'97 | JKU | 2015 |
| 36.77 | JAANA SIEKKINEN'68 | JKU | 2016 |
| 35.64 | INKA SINIVUORI'97 | JKU | 2020 |
| 34.59 | VIRPI PEKKANEN'90 | SaarijPu | 2010 |
| 34.54 | JONNA AHOLA'04 | KaipVi | 2019 |
| 34.22 | VILHELMIINA NORONEN'86 | SuolUrho | 2006 |
| 34.17 | MIIA JÄMSEN'77 | JKU | 2016 |
| 32.68 | MIA JUNIKKA'77 | JKU | 2019 |
| 32.18 | ANNA RAUHALA'75 | HaHanka | 1998 |
| 31.43 | MAIJA-LIISA HYPPÖNEN'81 | JKU | 2017 |
| 31.38 | ANNE HÄMÄLÄINEN'70 | JKU | 1986 |
| 31.03 | SARA PITKÄNEN'95 | SaarijPu | 2011 |
| 30.55 | SALLA SIPPONEN'95 | KeuKis | 2019 |
| 29.36 | SUSANNA RIEKKINEN'80 | JKU | 2020 |
| 29.24 | ELINA LEHTONEN'87 | MultJy | 2005 |
| 29.02 | MARI NÄRHI'72 | ViitVi | 1989 |
| 28.90 | ANNE MUHONEN'79 | PihtTu | 2018 |
| 28.85 | KIRSTI SIEKKINEN'66 | JKU | 2015 |
| 28.73 | JUTTA SUOMALAINEN'92 | Jämskl | 2006 |
| 28.38 | ANNE HARTIKKA'86 | SuolUrho | 2004 |
| 28.21 | HANNA PARKKONEN'80 | JKU | 2020 |
| 27.52 | RITVA AHOLA'77 | KaipVi | 2020 |
| 27.19 | MIRJAMI LINDEN'82 | JKU | 2019 |
| 27.14 | PIRJO LIUKKONEN'61 | HaHanka | 1988 |
| 27.01 | MIRJAMI KAAKINEN'82 | KaipVi | 2014 |

Keihäänheitto (600 g)<Uusi malli 1.4.1999>

| | | | |
|---------|----------------------|----------|-------------|
| 59.68 | SISKO KOPILOFF'61 | JKU | 1982 |
| 57.26 | RITVA METSO'54 | ToiRi | 1978 |
| 55.20 | ANNELI KOTILAINEN'47 | KivKiv | 1972 |
| 54.53/u | ROOSA YLÖNEN'99 | ÄänUrh | 2020 |
| 53.77/u | PIIA PYYKKINEN'91 | SaarijPu | 2013 |

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|--------------|-------------------------|----------|-------------|------------|
| 53.34 | JAANA PAANANEN'66 | PihtipU | 1989 | |
| 51.22 | JAANA KUSNETSOV'65 | LaukU | 1984 | |
| 50.72 | IRMELI MÄKIPÄÄ'51 | LaukU | 1978 | |
| 50.68 | CARITA PEKKANEN'67 | SaariPu | 1985 | |
| 50.04 | PIRJO LIUKKONEN'61 | HaHanka | 1984 | |
| 49.90/u | HELI PYNNÖNEN'97 | HaHanka | 2019 | |
| 49.50 | ANNE HÄMÄLÄINEN'70 | JKU | 1988 | |
| 49.06 | SINIKKA MÄKIPÄÄ'51 | LaukU | 1977 | |
| 48.84 | SARI SAVONEN'67 | SaariPu | 1990 | |
| 48.53/u | NOORA RUUSKA'97 | KannKiho | 2014 | |
| 48.12 | SARI PURANEN'77 | ÄänUrh | 1996 | |
| 47.73/u | TIA RUKKO'80 | KinnKim | 1999 | |
| 47.52 | MAARIT MERTANIEMI'71 | MultJy | 1990 | |
| 46.88/u | MIRA KUULA'87 | PihtipTu | 2009 | |
| 46.52/u | SONJA ALASALMI'88 | JKU | 2020 | |
| 45.38 | TEIJA PARKKONEN'71 | PihtipU | 1989 | |
| 45.28 | ELINA RAATIKAINEN'72 | KinnKim | 1988 | |
| 44.48/u | VILMA RUUSKA'98 | KannKiho | 2014 | |
| 44.40 | MARJAANA MANNINEN'64 | HaHanka | 1983 | |
| 44.13/u | KATJA HEINONEN'86 | ÄänUrh | 2018 | |
| 43.76 | VIRVE HYTÖNEN'66 | KonnevU | 1986 | |
| 43.50 | MAARIT HYTÖNEN'66 | VesVesa | 1986 | |
| 43.36 | TUULA RASTAS'64 | ViitVi | 1982 | |
| 43.07/u | SANNI NOKELAINEN'99 | JKU | 2020 | |
| 42.94 | TUIJA RANTALA'56 | ÄänHuima | 1975 | |
| 42.80 | KATI LEPISTÖ'76 | JämskJy | 1993 | |
| 39.50/u | VIIVI RAATIKAINEN'03 | ViitVi | 2020 | |
| 42.40/u | MERVI KUIVANIEMI'86 | KinnKim | 2004 | |
| 42.28 | MILLA HEINONEN'25 | ViitVi | 1953 | |
| 42.20 | SUOMA TAPPER'41 | SaariPu | 1961 | |
| 42.12/u | JOHANNA TUPAMÄKI'90 | JKU | 2008 | |
| 42.06 | TUULA RASI'41 | ÄänUrh | 1964 | |
| 41.72 | HELI NERG'70 | ViitVi | 1986 | |
| 41.60/u | KATRI PAANANEN'75 | KeuKis | 1999 | |
| 41.56 | SEIJA HYYTIÄINEN'62 | SaariPu | 1979 | |
| 41.51/u | KATI LEPISTÖ'76 | JämskJy | 2000 | |
| 41.48/ui | KAISU VESTERINEN'92 | KannKiho | 2008 | |
| 41.30 | RIITTA PUIKKONEN'54 | JKU | 1975 | 36.64/u-00 |
| 40.72 | SATU SUVANTO'61 | PihtipU | 1978 | |
| 40.68/u | KATJA STRANDMAN'83 | ViitVi | 1999 | |
| 40.62 | IRMELI KOTILAINEN'57 | KivKiv | 1976 | |
| 40.62/u | VARPU-SOFIA HEINONEN'03 | JKU | 2019 | |
| 40.55 | JENNI KORHONEN'80 | PihtipTu | 1998 | 38.78/u-99 |
| 40.41/u | TIISA PAUKKU'04 | PihtipTu | 2020 | |
| 40.40 | SONJA REKONEN'78 | KinnNsU | 1995 | |
| 39.92/u | INKA SINIVUORI'97 | JKU | 2019 | |
| 39.88/u | HELMIIINA KYNNÄS'04 | SaariPu | 2020 | |
| 39.32/u | KATI REIPAS'97 | SaariPu | 2014 | |
| 39.17/u | TESSA TOROPAINEN'00 | SuolU | 2018 | |
| 38.54/u | ELINA LEHTONEN'87 | MultJy | 2003 | |
| 38.51/u(26u) | ELISA KIRVESNIEMI'85 | JKU | 2019 | |

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|-------|---|----------|-------------|
| 5403 | ELISA KIRVESNIEMI'85 | JKU | 2018 |
| | 14,39-165-11.66-26,37-580-38.03-2.17,24 | | |
| 5252 | RITVA VALKEINEN'65 | JKU | 1984 |
| | 14,10-160-11.89-25,74-567-31.56-2.20,10 | | |
| 5233 | KATRI PAANANEN'75 | JKU | 2001 |
| | 15,03-166-10.82-25,85-564-40.67-2.23,63 | | |
| 5179 | EMMI MÄKINEN'93 | JKU | 2014 |
| | 14,15-160-9.31-24,89-590-34.51-2.27,54 | | |
| 4881 | REETA PARKKONEN'88 | MuurY | 2006 |
| | 15,16-160-10.74-26,02-538-33.65-2.26,30 | | |
| 4852 | JUULI-ANNA TAUREN'91 | JKU | 2013 |
| | 14,67-158-9.75-26,62-578-33.42-2.31,68 | | |
| 4838 | MIINA PALONEN'98 | ViitVi | 2020 |
| | 15,26-155 9.40-25,80-576-29.94-2.22,10 | | |
| 4802 | ELISA OKSANEN'93 | JKU | 2018 |
| | 14,80-162-11.67-26,98-514-33.73-2.31,16 | | |
| 4648 | HANNA PENNANEN'77 | JKU | 1998 |
| | 14,03-148-10.28-26,23-565-28.74-2.41,71 | | |
| 4597 | SINI TOIVOLA'96 | JKU | 2015 |
| | 15,21-154-9.45-26,09-559-32.41-2.38,85 | | |
| 4545 | SYLVIA TERHO'79 | SaarijPu | 1997 |
| | 16,26-148-9.97-25,68-561-36.74-2.39,88 | | |
| 4485 | EMMA KOISTINEN'96 | JKU | 2014 |
| | 14,28-151-8.37-25,25-503-17.31-2.20,22 | | |
| 4435 | ADA KOISTINEN'99 | JKU | 2017 |
| | 15,77-157-8.91-25,78-573-18,69-2.30,81 | | |
| 4434 | MERJA JÄRVINEN'72 | Jämskl | 1989 |
| | 16,19-154-9.16-26,87-522-32.78-2.19,21 | | |
| 4414 | SARI KAISTINEN'64 | JKU | 1984 |
| | 14,67-157-9.16-27,30-521-29.28-2.38,9 | | |
| 4403w | VILMA MAINIO'96 | JKU | 2015 |
| | 15,23-151-8.83-27,23-519-32.51-2.31,17 | | |
| 4361 | NELLI NIKULA'75 | HU-82 | 1993 |
| | 15,41-146-10.76-27,02-495-32.28-2.34,25 | | |
| 4323w | SINI SANASLAHTI'95 | KaipVi | 2016 |
| | 16,30-145-10.10-26,33-537-26.13-2.28,81 | | |
| 4291 | LEENA HAUKILAHTI'64 | JKU | 1993 |
| | 15,28-140-9.36-26,43-530-23.56-2.27,02 | | |
| 4272 | SANNI SALMINEN'89 | ÄänUrh | 2007 |
| | 15,72-154-8.72-27,46-511-28.50-2.29,40 | | |
| 4061 | SOINTU NIEMINEN'66 | TammijTa | 1984 |
| | 16,59-155-9.49-28,82-33.02-2.42,62 | | |
| 4048 | JOHANNA HAAPAMÄKI'77 | VaajKu | 1998 |
| | 16,34-142-9.77-28,27-502-32.89-2.32,9 | | |
| 4048 | SARI KÄRKI'84 | JKU | 2005 |
| | 16,70-151-8.22-26,72-526-24.74-2.35,30 | | |
| 4035 | MINNA HALME'75 | Jämskl | 1992 |
| | 18,33-160-8.14-27,17-510-28.58-2.29,36 | | |
| 4029 | TUULIKKI JOKINEN'62 | VaajKu | 1985 |
| | 15,82-150-7.79-27,12-445-28.54-2.27,96 | | |
| 4009w | ANNI HALKO'96 | JKU | 2016 |
| | 15,74-145-9.29-26,95-477-22.91-2.32,89 | | |
| 4005 | RITVA ILMARINEN'62 | MulJy | 1982 |
| | 16,6-150-11.22-29,5-478-36.24-2.40,8 | | |
| 3971 | HILLA NIEMINEN'99 | JKU | 2017 |

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|------|---|----------|------|
| 3964 | 16,11-145-9.18-27,21-522-26.72-2.46,69 SARI LUHTANEN'65 | JKU | 1983 |
| 3916 | 16,3-154-9.18-28,5-492-30.98-2.40,6 PINJA HIRVILAHTI'00 | JKU | 2019 |
| 3857 | 15,46w-129-8.97-27,13w-523w-27.88-2.54,41 INKA SINIVUORI'97 | JKU | 2016 |
| 3828 | 16,32-146-10.59-28,57-493-37.08-3.07,62 MONIKA AHONEN'98 | JKU | 2015 |
| 3809 | 15,40-156-10.13-27,52-NM-32.94-2.36,83 MARIKA LIIMATAINEN'77 | SumKu | 1994 |
| 3800 | 17,0-164-8.90-27,4-492-24.04-2.48,1 ULLA-MAIJA SARKKINEN'70 | Jämskl | 1988 |
| 3727 | 18,19-137-8.77-28,02-517-28.44-2.27,96 SATU KOIVUKUMPU'69 | PihtipU | 1986 |
| 3677 | 15,9-160-560-27,2-520-18.98-2.47,7 TARJA HIEKKANEN'67 | UurUrh | 1984 |
| 3648 | 17,01-166-8.57-29,67-472-23.94-2.47,72 TANJA LAULAINEN'72 | YU-2000 | 1990 |
| 3644 | 17,58-150-8.45-29,77-455-21.20-2.32,37 BRITA TAKANEN'63 | KeuKis | 1982 |
| 3606 | 16,47-150-7.82-27,77-434-21.74-2.36,02 TAINA LIIMATAINEN'67 | KaKiva | 1984 |
| 3532 | 17,4-150-8.71-29,3-462-27.20-2.36,4 JOHANNA TUOMI'82 | JKU | 2000 |
| 3506 | 18,23-148-9.74-29,45-508-33.83-3.05,72 RIINA JORMAKKA'96 | KaipVi | 2016 |
| 3502 | 17,54-136-8.99-27,54-510-26.26-2.58,95 MARGIT TAKANEN'63 | KeuKis | 1982 |
| 3456 | 17,02-160-8.44-426-21.38-2.49,04 KIRSTI SIEKKINEN'68 | KeNsU | 2004 |
| 3424 | 17,55-144-891-29,36-459-28.87-2.49,11 SATU HELMINEN'80 | KaipVi | 1998 |
| 3303 | 16,83-139-8.20-28,87-465-24.14-2.46,7 KATJA HEINONEN'86 | ÄänUrh | 2019 |
| 3300 | 18,39-141-9.59-30.99-433-39.46-2-59,46 ANNE AKSELIN'73 | ÄänUrh | 1991 |
| 3285 | 17,6-149-7.70-29,3-417-21.92-2.36,1 JAANA LAKSELA'70 | KaKiva | 1990 |
| 3230 | 19,0-148-8.49-29,5-448-22.86-2.35,8 LAURA OKSANEN'79 | JKU | 1997 |
| 3216 | 18,53-164-9.07-30,2-469-25.46-3.17,00 JOHANNA LEIVONEN'77 | JKU | 2015 |
| 3204 | 18,44-144-11.17-31,91-421-32.25-3.38,16 SUVI SALOSTIE'63 | SuolUrho | 1982 |
| | 18,4-138-800-29,5-482-25.94-2.48,5 | | |

60 METRIÄ (SISÄLLÄ)

| | | | |
|------|------------------------|-----|-------------|
| 7,23 | JOHANNA MANNINEN'80 | JKU | 2007 |
| 7,25 | HANNA-MAARI LATVALA'87 | JKU | 2013 |
| 7,44 | AINO PULKKINEN'98 | JKU | 2020 |
| 7,47 | ANNIINA KORTETMAA'95 | JKU | 2019 |
| 7,51 | TANJA KERÄNEN'77 | JKU | 1999 |
| 7,53 | NOORALOTTA NEZIRI'92 | JKU | 2018 |
| 7,54 | EMMI MÄKINEN'93 | JKU | 2015 |
| 7,55 | MINNA LAUKKA'87 | JKU | 2013 |

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|------|----------------------|--------|-------------|
| 7,62 | SANNI MAHONEN'98 | JKU | 2020 |
| 7,64 | MARI KIMINKINEN'78 | PyIkTe | 1997 |
| 7,64 | IDA AIDANPÄÄ'88 | JKU | 2014/2015 |
| 7,68 | PETRA PAAJANEN'72 | JKU | 1997 |
| 7,70 | HELI PALORANTA'80 | JKU | 2004 |
| 7,70 | ANNU KANGASAHO'85 | JKU | 2008 |
| 7,72 | SUVI NISULA'89 | MuurY | 2008 |
| 7,74 | NIINA VEHVILÄINEN'78 | JKU | 1997 |
| 7,75 | MARJO LIMINKA'72 | JKU | 1988 |
| 7,75 | SUVI LEHOSVUO'88 | JKU | 2006 |
| 7,75 | EMMA KOISTINEN'96 | JKU | 2016 |
| 7,76 | HANNA PENNANEN'77 | JKU | 1999 |
| 7,76 | TEIJA HANNILA'80 | ÄänUrh | 2005 |

60 METRIÄ AITAJUOKSU (SISÄLLÄ)

| | | | |
|------|------------------------|-----|-------------------|
| 7,97 | NOORALOTTA NEZIRI'92 | JKU | 2019/ 2020 |
| 8,24 | JULIA ENARVI'98 | JKU | 2019 |
| 8,29 | EMMA KOISTINEN'96 | JKU | 2016 |
| 8,32 | IDA AIDANPÄÄ'88 | JKU | 2014 |
| 8,41 | HANNA PENNANEN'77 | JKU | 1999 |
| 8,59 | NIINA VEHVILÄINEN'76 | JKU | 1997 |
| 8,61 | RITVA VALKEINEN'65 | JKU | 1983 |
| 8,68 | SARI KAISTINEN'64 | JKU | 1984 |
| 8,71 | NORA-JULIA ISOLUOMA'99 | JKU | 2020 |
| 8,80 | KIIKA TARHONEN'92 | JKU | 2010 |
| 8,84 | JUULI-ANNA TAUREN'91 | JKU | 2012 |
| 8,85 | REETTA VALVE'88 | JKU | 2020 |
| 8,86 | ANNE MERO'87 | JKU | 2006 |
| 8,88 | EMMI MÄKINEN'93 | JKU | 2010 |
| 8,88 | ELISA KIRVESNIEMI'85 | JKU | 2016 |
| 8,90 | ELISA OKSANEN'93 | JKU | 2018 |
| 8,93 | EEVA NIEMELÄ'87 | JKU | 2007 |

150 METRIÄ

| | | | | |
|--------|---------------------|--------|------|-----------|
| 18,07 | MINNA LAUKKA'87 | JKU | 2013 | 17,96w-11 |
| 18,15 | AINO PULKKINEN'98 | ÄänUrh | 2016 | |
| 18,22i | EMMA KOISTINEN'96 | JKU | 2017 | |
| 18,38 | IDA AIDANPÄÄ'88 | JKU | 2015 | |
| 18,56 | ANNU KANGASAHO'85 | JKU | 2008 | |
| 18,59 | SUVI NISULA'89 | MuurY | 2008 | |
| 18,62i | ADA KOISTINEN'99 | JKU | 2017 | |
| 18,72 | MARJO ROPPONEN'82 | KaipVi | 2002 | |
| 18,89 | EMMA KUNNARI'86 | JKU | 2003 | |
| 19,06 | EMILIJA MANNINEN'81 | JKU | 2016 | |

300 METRIÄ

| | | | |
|--------|-------------------|--------|-------------|
| 38,02 | MINNA LAUKKA'87 | JKU | 2004 |
| 39,27i | EMMA KOISTINEN'96 | JKU | 2017 |
| 39,29 | AINO PULKKINEN'98 | ÄänUrh | 2017 |
| 39,95 | MARJO LIMINKA'72 | JKU | 1988 |
| 40,17i | ADA KOISTINEN'99 | JKU | 2016 |
| 40,26i | JOHANNA ROSSI'87 | ÄänUrh | 2005 |
| 40,44i | HEIDI SALMINEN'03 | JKU | 2020 |
| 40,46 | ARJA VILJANMAA'65 | JKU | 1981 |

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|--------|---------------------|--------|------|
| 40,65i | RIIKKA JUSSILA'79 | JKU | 1999 |
| 40,5 h | RITVA VALKEINEN'65 | JKU | 1980 |
| 40,75i | EMMA KUNNARI'86 | JKU | 2003 |
| 41,04i | RIINA MERILÄINEN'91 | JKU | 2008 |
| 41,12 | EMILIJA MANNINEN'81 | JKU | 2013 |
| 41,19 | PINJA HIRVILAHTI'00 | JKU | 2017 |
| 41,26 | SIIRI RAINIO'00 | JKU | 2016 |
| 41,29 | ANNI TUIMALA'82 | ÄänUrh | 1997 |
| 41,38 | VILMA MAINIO'96 | JKU | 2010 |
| 41,40 | SUVI NISULA'89 | MuurY | 2005 |
| 41,47 | REETA PARKKONEN'88 | MuurY | 2003 |
| 41,47 | ALISA VIRTANEN'02 | JKU | 2017 |

600 METRIÄ

| | | | |
|----------|---------------------|----------|-------------|
| 1.33,10 | SAIJA SEPPÄ'98 | SuolUrho | 2018 |
| 1.33,43 | HEINI IKONEN'99 | JKU | 2020 |
| 1.33,66 | MARIA VALTANEN'91 | JKU | 2017 |
| 1.34,08 | LOTTA MÄKINEN'01 | JKU | 2018 |
| 1.36,46 | JANETTE NIEMI'98 | JKU | 2018 |
| 1.36,50 | HEIDI SALMINEN'03 | JKU | 2020 |
| 1.36,80 | ALISA VIRTANEN'02 | JKU | 2017 |
| 1.37,20 | SIIRI RAINIO'00 | JKU | 2020 |
| 1.37,57 | VENLA SAARI'03 | JKU | 2018 |
| 1.39,23 | HANNA LIUPAKKA'95 | SaarijPu | 2013 |
| 1.39,6 h | SIRKKA IKÄLÄINEN'50 | KeuKis | 1966 |
| 1.39,95 | HETA KETTUNEN'93 | JKU | 2008 |

1000 METRIÄ

| | | | |
|----------|-------------------|----------|------|
| 2.48,9 | MINNA MÄKELÄ'64 | JKU | 1982 |
| 2.51,3 | ULLA TUIMALA'82 | ÄänUrh | 2002 |
| 2.54,04 | VENLA SAARI'03 | JKU | 2018 |
| 2.55,51i | SAIJA SEPPÄ'98 | SuolUrho | 2015 |
| 2.55,71i | ANNI TUIMALA'82 | ÄänUrh | 1999 |
| 2.56,27i | ALISA VIRTANEN'02 | JKU | 2017 |
| 2.56,9 | SIRKKA KYTÖLÄ'56 | JKU | 1982 |
| 2.58,90 | LOTTA MÄKINEN'01 | JKU | 2015 |
| 2.59,36i | HEINI IKONEN'99 | JKU | 2016 |
| 3.00,72i | EIJA AALTO'80 | SuolUrho | 1998 |

2000 METRIÄ

| | | | |
|---------|----------------------|----------|------|
| 6.14,36 | ANNI TUIMALA'82 | ÄänUrh | 2000 |
| 6.16,72 | ULLA TUIMALA'82 | ÄänUrh | 2000 |
| 6.20,35 | LOTTA MÄKINEN'01 | JKU | 2016 |
| 6.22,25 | VENLA SAARI'03 | JKU | 2017 |
| 6.28,00 | ALISA VIRTANEN'02 | JKU | 2017 |
| 6.34,34 | SAIJA SEPPÄ'98 | SuolU | 2012 |
| 6.37,30 | PIRJO URPILAINEN'78 | KinnKi | 1992 |
| 6.44,47 | VENLA MARJANEN'02 | KaipVi | 2017 |
| 6.47,30 | SUSANNA RAITAMÄKI'87 | SaarijPu | 2001 |
| 6.48,37 | TEIJA LEPPÄNEN'73 | SaarijPu | 2000 |

200 METRIN AITAJUOKSU

| | | | |
|-------|----------------------|-----|-------------|
| 26,65 | NOORALOTTA NEZIRI'92 | JKU | 2020 |
| 26,90 | HEIDI SALMINEN'03 | JKU | 2020 |
| 27,13 | EMMA KOISTINEN'96 | JKU | 2016 |

| | | | | |
|--------|----------------------|----------|------|----------|
| 28,02 | RITVA VALKEINEN'65 | JKU | 1982 | |
| 28,80 | NIINA VEHVILÄINEN'76 | LaukU | 1991 | |
| 29,21 | VILMA MAINIO'96 | JKU | 2011 | |
| 29,49 | HETA RASINKANGAS'97 | JKU | 2012 | |
| 29,94 | HETA KETTUNEN'93 | JKU | 2008 | |
| 30,10 | HANNELE HUUSKONEN'88 | HaHanka | 2003 | |
| 30,16 | TUULIKKI PUTTONEN'62 | VaajKu | 1982 | 29,4h-83 |
| 27,5 h | PIRJO HAKALA'43 | SaarijPu | 1973 | |

300 METRIN AITAJUOKSU

| | | | |
|--------|--------------------|-------|-------------|
| 41,67i | EMMA KOISTINEN'96 | JKU | 2017 |
| 42,07i | HEIDI SALMINEN'03 | JKU | 2020 |
| 42,15 | RITVA VALKEINEN'65 | JKU | 1984 |
| 43,41 | ARJA VILJANMAA'65 | HU-82 | 1983 |
| 43,53i | SIIRI RAINIO'00 | JKU | 2016 |
| 43,61i | ADA KOISTINEN'99 | JKU | 2016 |
| 43,72 | SARI KAISTINEN'64 | JKU | 1983 |
| 43,97i | ANNI HALKO'96 | JKU | 2015 |
| 44,55i | VILMA MAINIO'96 | JKU | 2012 |
| 44,80 | REETA PARKKONEN'87 | MuurY | 2004 |

PAINONHEITTO (9.08KG)

| | | | |
|------------|-------------------------|----------|-------------|
| | | (+10.00) | |
| 17.91 | JOHANNA SALMELA'90 | JKU | 2016 |
| 16.94 | RIIKKA AHONEN'84 | KivKiv | 2004 |
| 15.69 | KAISA AHONEN'86 | KivKiv | 2009 |
| 14.62 | ELINA UUSTALO'92 | KonnUrh | 2008 |
| 13.83 | JAANA SIEKKINEN'68 | JKU | 2016 |
| 13.38 | JOHANNA LEIVONEN'77 | JKU | 2016 |
| 12.85 | KIRSI SPOOF-TUOMI'67 | JKU | 2015 |
| 12.80 | RIITTA PUIKKONEN'54 | Ysi5 | 2001 |
| 12.80 | KATI MÖTTÖNEN'81 | JKU | 2020 |
| 12.44 | LAURA LEHTO'84 | JKU | 2020 |
| 12.18 | HELI PYNNÖNEN'97 | HaHanka | 2016 |
| 12.09i | VILMA MOILANEN'81 | JKU | 2016 |
| 11.38 | REBEKKA REKOLA'94 | JKU | 2016 |
| 11.23i | MIA JUNIKKA'77 | JKU | 2020 |
| 11.15 | MIRJAMI LINDEN'82 | JKU | 2019 |
| 11.03 | SALLA SIPPONEN'95 | KeuKis | 2019 |
| 10.87 | INKA SINIVUORI'97 | JKU | 2017 |
| 10.76 | MAIJA-LIISA HYPPÖNEN'81 | JKU | 2017 |
| 10.70i | ANNE MUHONEN'79 | PihtTu | 2018 |
| 10.19 / 20 | SUSANNA RIEKKINEN'80 | JKU | 2018 |

5-Ottelu (sisällä)

| | | | |
|------|----------------------------|---------|------|
| | | (+3000) | |
| 4008 | ELISA KIRVESNIEMI'85 | JKU | 2016 |
| | 8,88/161/11.96/605/2.21,51 | | |
| 3846 | KATRI PAANANEN'75 | KeuKis | 1998 |
| | 9,01/169/12.00/567/2.30,62 | | |
| 3553 | HANNA PENNANEN'77 | JKU | 2001 |
| | 8,59/153/10.36/602/2.47,29 | | |
| 3525 | EMMI MÄKINEN'93 | JKU | 2011 |
| | 9,35/164/9.94/558/2.38,05 | | |
| 3423 | JUULI-ANNA TAUREN'91 | JKU | 2012 |
| | 9,00/157/9.45/558/2.38,05 | | |
| 3376 | REETA VALVE'88 | MuurY | 2019 |

| | | | |
|------|--|--------|-------------|
| 3371 | 9,09/154/10.80/545/2.41,96 ELISA OKSANEN'93 | JKU | 2020 |
| 3363 | 9,20/157/10.62/514/2.34,89 MIINA PALONEN'98 | ViitVi | 2020 |
| 3282 | 9,12/154/9.67/543/2.35,60 ANNE MERO'87 | JKU | 2006 |
| 3250 | 9,05/156/9.99/546/2.31,24 VILMA MAINIO'96 | JKU | 2014 |
| 3220 | 9,47/153/8.66/533/2.30,35 GABRIELA KOSONEN'95 | JKU | 2019 |
| 3214 | 9,81/169/8.83/536/2.44,99 SINI TOIVOLA'96 | JKU | 2014 |
| 3075 | 9,25/150/9.64/555/2.45,23 KIIKA TARHONEN'92 | JKU | 2010 |
| 3042 | 9,00/135/9.72/534/2.42,93 MONIKA AHONEN'98 | JKU | 2016 |
| 3025 | 9,20/153/9.76/508/2.53,98 SIRKKA SIPPONEN'92 | KeuKis | 2010 |
| | 10,06/162/9.18/477/2.38,41 | | |

TOP 20 IAAF Taulukkopisteet (vm2017)

| | | | | | |
|---------|------------------------|----------|----------|--------|-------------|
| 1171 | NOORALOTTA NEZIRI'92 | 12,84 | 100 A | JKU | 2020 |
| 1149 | HANNA-MAARI LATVALA'87 | 23,30i | 200 M | JKU | 2013 |
| 1142 | JOHANNA MANNINEN'80 | 11,27 | 100 M | JKU | 2007 |
| 1139 | IDA AIDANPÄÄ'88 | 13,08 | 100 A | JKU | 2014 |
| 1107 | JULIA ENARVI'98 | 8,24i | 60 A | JKU | 2019 |
| 1096 | EMMA KOISTINEN'96 | 8,29i | 60 A | JKU | 2016 |
| 1091 | SINI LÄLLÄ'94 | 187 | KORKEUS | JKU | 2020 |
| 1090 | ULLA TUIMALA'82 | 9.11,10i | 3000 M | JKU | 2003 |
| 1087 | TEIJA HANNILA'80 | 13.70 | 3-LOIKKA | ÄänUrh | 2005 |
| 1085/10 | AINO PULKKINEN'98 | 23,98i | 200 M | JKU | 2019 |
| 1082 | ALINA MATTILA'82 | 186 | KORKEUS | JKU | 2006 |
| 1081 | EMMI MÄKINEN'93 | 638 | PITUUS | JKU | 2016 |
| 1080 | SIRKKU KUMPULAINEN'56 | 2:35.24 | MARATON | ViitVi | 1988 |
| 1077 | ANNI TUIMALA'82 | 10.07,41 | 3000 E | ÄänUrh | 2001 |
| 1076 | HANNA PENNANEN'77 | 13,55 | 100 A | JKU | 1999 |
| 1075 | ANNIINA KORTETMAA'95 | 11,59 | 100 M | JKU | 2019 |
| 1072 | ANITA ERÄMIES'64 | 185i | KORKEUS | MultJy | 1985 |
| 1071 | SINI SANASLAHTI'95 | 633 | PITUUS | KaipVi | 2020 |
| 1063 | MINNA LAUKKA'87 | 38,02 | 300 M | JKU | 2004 |
| 1062 | SALLA SIPPONEN'95 | 59.52 | KIEKKO | KeuKis | 2020 |
| * 1069 | SISKO KOPILOFF'61 | 59.86 | KEIHÄS | JKU | 1982 |

* vanha malli

Esa Kaihlajärvi